

# CHRC.

COMPREHENSIVE HEALTH  
RESEARCH CENTRE

# COMPREHENSIVE HEALTH RESEARCH CENTRE

REPORT 2020 - 2023

**fct** Fundação  
para a Ciência  
e a Tecnologia

**NOVA** MEDICAL  
SCHOOL

**NOVA**  
ESCOLA NACIONAL  
DE SAÚDE PÚBLICA

 UNIVERSIDADE DE ÉVORA

 LISBON INSTITUTE  
of Global Mental Health

 HOSPITAL DE SANTO ESPÍRITO  
DA ILHA TERCEIRA, E.P.E.R.

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# Message from the CHRC Director

Welcome to the Comprehensive Health Research Centre (CHRC)!

A hub of innovation and collaboration at the forefront of health research. Established to pioneer advancements in health promotion, prevention, rehabilitation, and healthcare services, CHRC embodies a commitment to interdisciplinary excellence.

Since our inception in January 2020, CHRC has cultivated a vibrant research community comprising experts from diverse fields such as medicine, nutrition, psychology, epidemiology, and more. Our researchers collaborate seamlessly across disciplines to explore the multifaceted factors influencing health and wellbeing.

At CHRC, we believe in research that transcends boundaries and addresses real-world challenges. Our efforts are geared towards developing innovative strategies for disease prevention, improving healthcare delivery, and enhancing public health policies. By integrating perspectives from academia, healthcare providers, industry, and community stakeholders, we aim to foster sustainable solutions with a global impact.

CHRC operates within a dynamic network of partners, including academic institutions, healthcare facilities, industry leaders, and advocacy groups. Together, we leverage collective expertise to drive meaningful change in health outcomes and societal well-being.

Join us in our mission to redefine health research and innovation. Together, we can shape a healthier future for communities worldwide!

Helena Canhão, MD, PhD

CHRC.

# Facts and Figures



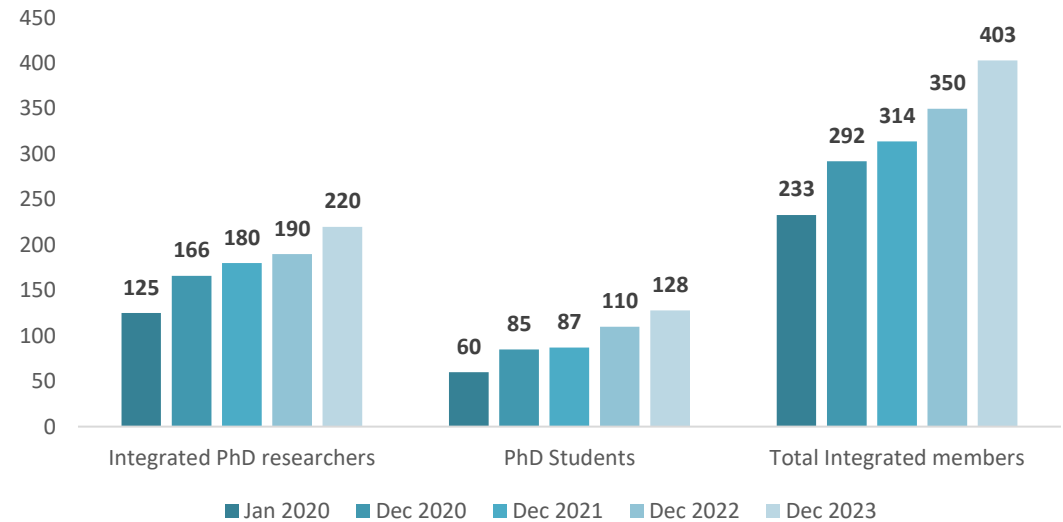
# Facts and figures

## CHRC MEMBERS

By the end of December 2023

- 220 integrated PhD researchers
- 128 PhD Students
- 55 integrated non-PhD members

## Integrated Members' Evolution (2020-2023)



## CHRC RESEARCH GRANTS

By the end of December 2023

- 13 Grants awarded
- Total endowment of 320 000€

## CHRC PhD SCHOLARSHIPS

By the end of December 2023

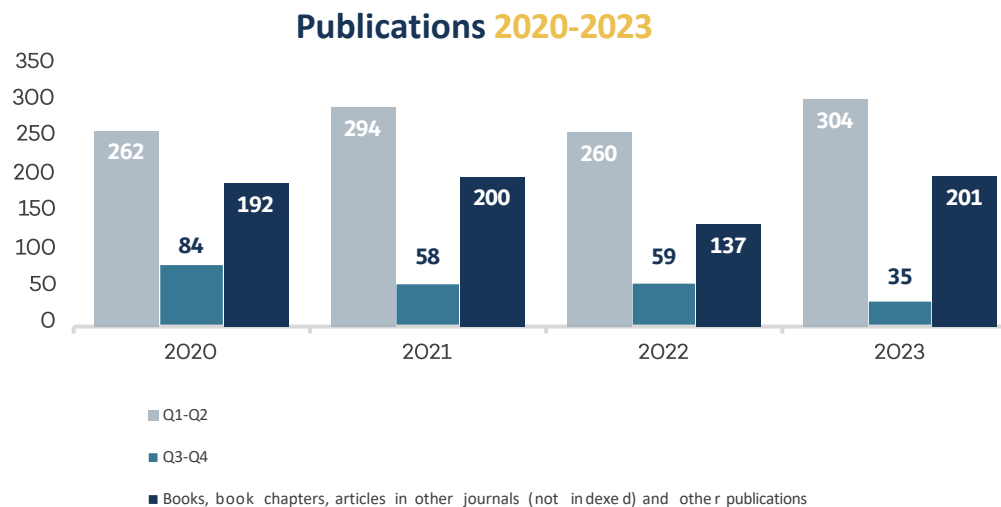
- 15 PhD Scholarships awarded



## PUBLICATIONS

By the end of December 2023

- 2086 total publications
- 1120 papers published in high impact journals



## PROJECTS

During the year 2023

- 108 active projects
- 80M € of total amount of funding
- 6M € of funding within the institution
- 41M € in international global funding – an increase of 215% compared to 2020





## FUNDING OFFICE SUPPORT

By the end of December 2023

- 230 Grants applications
- 44 events
- 114 scientific publications financial supported by CHRC



## NOVACRU SUPPORT

By the end of December 2023

- The development and implementation of 1076 studies were supported by NovaCRU (64% international)



## SCIENTIFIC KNOWLEDGE TRANSFER

By the end of December 2023

- 15 Patents and 16 Prototypes and Software



## ANNUAL SUMMITS

By the end of December 2023

- 4 CHRC Annual Summits (November 2020, May of 2022, November 2022, May 2023)



## CHAIN BIOBANK

By the end of December 2023

- Stores more than 3000 samples from 11000 participants, including blood, serum, plasma, urine and bones

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**About CHRC**

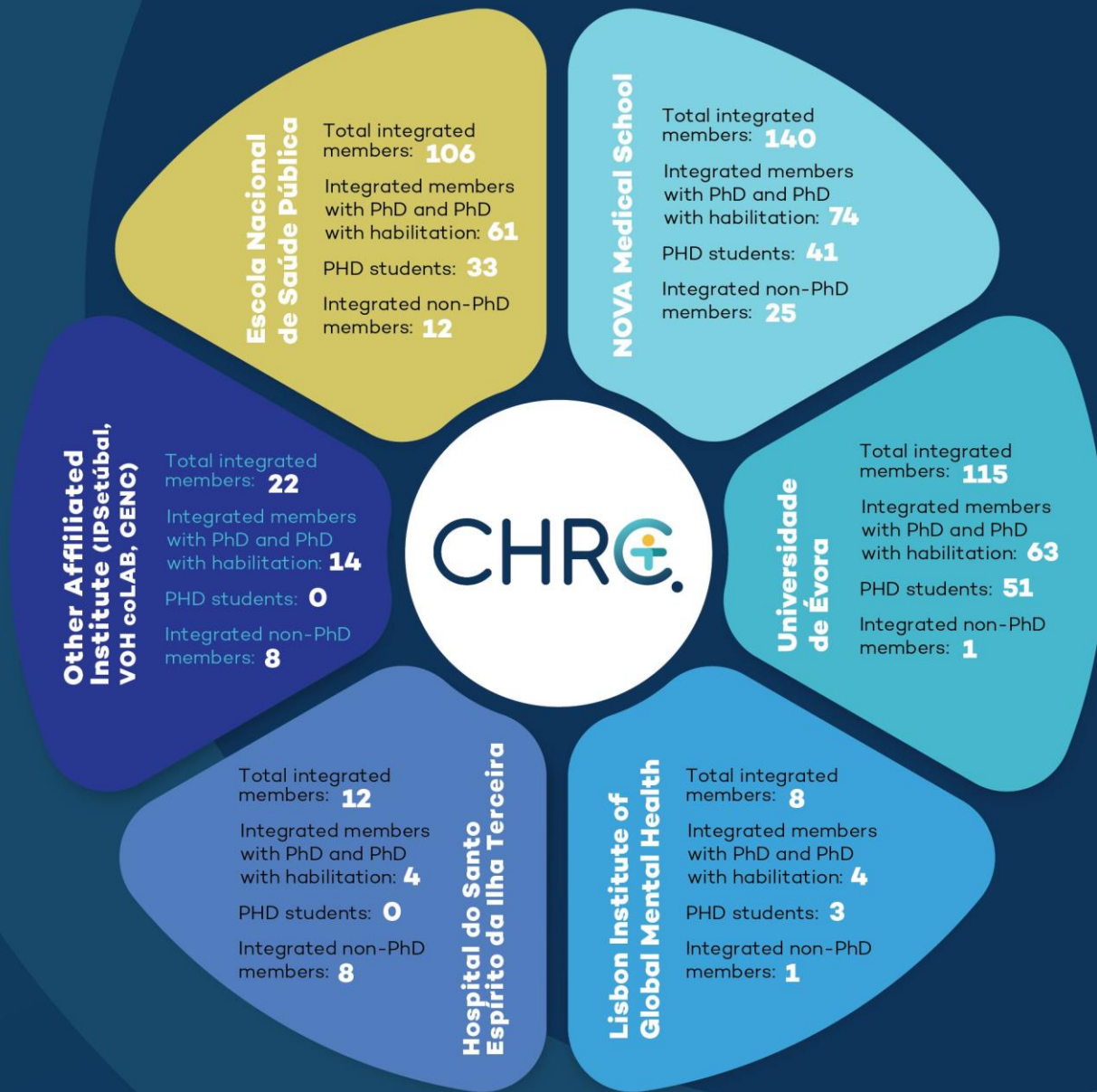




# About CHRC

The Comprehensive Health Research Centre (CHRC) is a cutting-edge centre at the forefront of health research and innovation. CHRC was officially established in Jan. 2020, coordinated by NOVA Medical School/NMS in collaboration with 4 other management partners: National School of Public Health, Évora University, Hospital de Santo Espírito, Azores and Lisbon Institute of Global Mental Health. It started with 125 integrated PhD Researchers, 60 PhD students and 48 integrated non-PhD members. In Dec.2023, CHRC gathered 220 integrated PhD Researchers, 128 PhD students and 55 integrated non-PhD members. Over 2018-2023, CHRC created a strong research community, increasing by 76% the integrated PhD researchers. CHRC includes researchers from medicine, nutrition, rehabilitation, public health, nursing, psychology, epidemiology, statistics, economy, engineering & data science, each bringing unique and complementary scientific background and expertise. Integrating knowledge from various disciplines, research efforts are focused on understanding the causes and mechanisms of health issues and developing innovative strategies for prevention, diagnosis and treatment. The centre operates within an ecosystem of 29 institutions, including academia, hospitals, health centres, companies, patient and caregiver advocates, non-profits, and governmental agencies. CHRC coordinates the Academic Clinical Centre of Lisbon (CCAL), the Associated Laboratory REAL, and integrates two CoLABs: CoLABTrials and ValueforHealth.





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## ORGANISATION

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CHRC established a governance framework centred on an Executive Committee and on the Executive and Management office, ensuring the organisation's effectiveness and sustainability. The organisational structure of the CHRC Executive Committee is led by Helena Canhão, who holds the position of Coordinator. Under her coordination, the committee comprises Rute Dinis de Sousa as the Executive Director, Sónia Dias representing the National School of Public Health (ENSP), Armando Raimundo representing the University of Évora (U Évora), and Ana Maria Rodrigues representing Thematic Lines. Each member has an equal and specific role within the committee, ensuring a clear and organised leadership structure within the CHRC.

CHRC offers three different platforms for technical and administrative assistance:

- **Executive and Management Office** – aims to manage day-to-day operations, coordinate and manage technical and administrative teams; control costs; prepare regular performance reports; supervise communication and dissemination initiatives and implement best management practices; develop and disseminate the Unit's strategy and mission to all members and technical and administrative teams, and promote fundraising.
- **Funding Office** - aims to boost researchers fundraising by helping them to know and prepare proposals for applying for national, international, and structural funding.
- **Communication Office** – aims to ensure the communication and dissemination of information between the management units of CHRC, and all external stakeholders – partners and peers from scientific community, as well as civil society (initiated in 2023); to provide visual support (image and video) for various initiatives, delivering a strong and attractive image to the targeted public.

# ORGANISATION

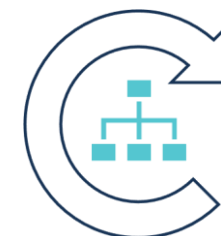
## CHRC executive committee



**Helena Canhão**  
Coordinator



## Platforms for Technical and Administrative Assistance



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## RESEARCH SUPPORT INFRASTRUCTURE – TECHNICAL

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The CHRC's Technical Support Departments include the Cochrane ENSP-NMS Centre, the CHAIN Biobank, the Clinical Trials Unit (NovaCRU), the Physical Fitness Assessment Lab, the Kitchen Lab, the Data Centre, and the Pre-Clinical Research Support Centre.

- 1. Cochrane Centre:** Located in ENSP, it focuses on promoting evidence-based health decisions through systematic reviews and educational initiatives. In 2025 we will expand this infrastructure and will have another cochrane site at NOVA Medical School to boost the quality of systematic reviews among CHRC researchers.
- 2. CHAIN Biobank** supports researchers through the collection, processing and quality control of a wide range of human biospecimens (solid and fluid) and associated health data. It is composed by 3 labs: BLS2 biosafety lab; freezers rooms; sample processing and quality control lab that offer services of DNA and RNA extraction, cell culture, flowcytometry and microscopy working in collaboration and in coordination with the pre-clinical research support Centre. Presently it stores more than 30000 samples from 11000 participants, including blood, serum, plasma, urine and bones
- 3. Nova-CRU** is the clinical trials unit located at NOVA Medical School. Its expertise in the development of clinical research protocols, regulatory requirements, monitoring and management, support the development of investigator initiated clinical trials. It articulates with PtCRIN, the national scientific partner of ECRIN-ERIC, which can support national investigators seeking to internationalize clinical trials, and, on the other hand, to involve CHRC in clinical trials initiated by investigators in other European countries
- 4. The Physical Fitness Assessment Laboratory** at UE is equipped with a DXA to assess body composition, an isokinetic dynamometer to assess muscle strength, and force platforms to analyse the biomechanics of gait and balance, among other features and was turned available to CHRC community in 2023.

## RESEARCH SUPPORT INFRASTRUCTURE – TECHNICAL

5. **Kitchen Lab** is located at NOVA Medical School and hosts nutrition research studies, education, training and community activities. In 2023 this lab was made available to CHRC research community.
6. **Methods and data analysis office:** This office started in 2021 and assisted researchers and research groups with quantitative and qualitative methods of data analysis. The office began by setting up its structure and work model, conducting surveys among researchers to identify commonly used methodological approaches and to assess their training needs in data collection and analysis techniques. For the next 4 years this office will grow and will have one delegation in each management unit. This Office will grow and will be named DATA CENTER. This infrastructure will be dedicated to enhancing data collection, storage and analysis of large-scale epidemiological and clinical studies, supporting research and development. It will provide high performance data analytics and artificial intelligence using local supercomputer facilities (e.g. the OBLIVION Supercomputer and the VISION and ORION Clusters); CHRC will establish a protocol with the High Performance Computing Chair of UE to use this structure as a data collection, storage, management and processing platform, according with FAIR principles, so all CHRC projects' data will be centralized. Researchers will be supported by 3 FTE specialized in quantitative methods, statistical and epidemiological analyses



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## METHODS AND DATA ANALYSIS OFFICE

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This office, by 2023, carried out the following activities:

- 53 CHRC research projects supported in the design, planning, data analysis, and/or dissemination of findings
- Launched the “Meet the Methods” meetings
- Launched the Methodological Workshops, with a training of 19 researchers on qualitative data analysis with MaxQDA
- Developed occasional lecturing activities in MSc and PhD methods courses
- Planned and prepared the pedagogical materials for the quantitative and qualitative methods courses of the CHRC PhD programme “Well-being, Health Sciences and Technologies”
- Launched a survey of the main methodologies used by the 21 research groups of the research groups of the CHRC
- Preparation of the future CHRC DATA CENTER

# 58

Actions developed

## EDUCATION AND TRAINING OFFICE

The Education and Training Office started its activity in 2021 by establishing its priorities for the current triennium. First, it aims to build a community of practice among CHRC members. Second, it aims to create opportunities for lifelong development of CHRC members. Third, it supports the development of innovative, competitive post-graduate training programmes, streamlining the cooperation among involved institutions and international institutions. Among the three academic institutions of the CHRC (NMS, ENSP, and UÉ), the CHRC offers 8 Collaborative Postgraduate Training Programmes

### CHRC's Collaborative Postgraduate Training Programmes:

**1 a postgraduate**

**degree 4 master's**

**3 doctorates**

- Digital Health Executive Course - ENSP and NMS <https://www.ensp.unl.pt/courses/postgraduate-courses/digital-health-executive-course>
- Master in Clinical Research Management (MEGIC) – NMS and ENSP <https://www.ensp.unl.pt/courses/in-association/clinical-research-management/>
- Master in One Health: Human and Animal Public Health - UÉ and NMS <https://www.uevora.pt/en/study/courses/master-degrees?cod=MA97>
- Master in Physiotherapy – Musculoskeletal Conditions - ENSP and NMS <https://www.ensp.unl.pt/courses/in-association/physiotherapy/>
- Master in Epidemiology, Biostatistics, and Health Research (EPIBIS) – ENSP and NMS <https://www.ensp.unl.pt/courses/masters/epidemiology-biostatistics-and-health-research/>
- PhD in Global Public Health - ENSP and NMS <https://www.ensp.unl.pt/courses/in-association/global-public-health/>
- PhD in Health and Wellness Sciences and Technologies - NMS, ENSP and UÉ <https://www.uevora.pt/en/study/courses/doctoral-degrees?cod=PA53>
- PhD in Erasmus Mundus PHOENIX EM JDP Dynamics of Health and Welfare – ENSP and UÉ <https://www.ensp.unl.pt/cursos/doutoramentos/dynamics-of-health-and-welfare/>



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## EDUCATION AND TRAINING OFFICE

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By 2023, this office carried out the following activities:

### I. Training Needs Assessment and Development:

- An e-mail for the office was created: [training@chrc.pt](mailto:training@chrc.pt)
- Conducted surveys to assess training needs of CHRC researchers and staff.
- Developed and implemented training actions based on survey results:
  1. Mixed Methods – Integrating Quantitative and Qualitative Methods (October 12, 2022)
    - ✓ 4-hour course, organised by Mário Santos, with 8 participants.
  2. Untangling Funding Applications for European Opportunities (December 12, 2022)
    - ✓ 8-hour course, organised by Rui Raimundo and Rita Rua Ferreira, with 8 participants.
  3. Training in Teamwork and Conflict Management (June 28, 2023)
    - ✓ 4-hour online course, organised by Raquel Santos, with 25 participants.
- Sent course evaluation surveys, receiving positive feedback with participants likely to recommend the courses.

# 7

Training Actions promoted

## EDUCATION AND TRAINING OFFICE



### II. Support for Training Activities:

- Launched a call for financial and logistical support to organise training activities, providing €1,500 in funding for each activity.
- Received six applications, funded five, and carried out four training activities.
- Activities included:
  1. Interception: Advanced Assessment and Intervention in Health (September 19, 2023)
    - ✓ Workshop with Prof. Cynthia Price, involving 21 participants.
  2. International Graphonomics Society 2023 Conference (IGS23) (October 17-19, 2023)
    - ✓ Conference on fine motor control research, with 57 participants.
  3. Systematic Reviews and Meta-Analysis Workshop (November 29, 2023)
    - ✓ Workshop on advanced systematic review methods, with 9 participants.
  4. Pets as Sentinels of Human Exposure to Environmental Contaminants (December 15-16, 2023)
    - ✓ Conference on pets as data sources for human exposure to contaminants, with 39 participants.

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# Research streams



# Research streams

The versatility of CHRC, which gathers a diverse range of professionals from fields such as medicine, nutrition, rehabilitation, public health, nursing, psychology, epidemiology, statistics, economics, engineering, and data science, allows for a multidisciplinary approach to understanding and addressing health issues. Dedicated to producing evidence-based innovative strategies for prevention, treatment, and healthcare delivery, CHRC concentrates its efforts on five principal fields, each with various subthemes.

## THEMATIC LINES AND COORDINATORS

 <p><b>Health Promotion</b></p>	 <p><b>Lifestyles in Healthcare</b></p>	 <p><b>High burden and high mortality diseases</b></p>	 <p><b>Health policies and healthcare services research</b></p>	 <p><b>Health innovation</b></p>
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Sónia Dias, PhD



Manuel Lopes, PhD



Nuno Neuparth, MD, PhD

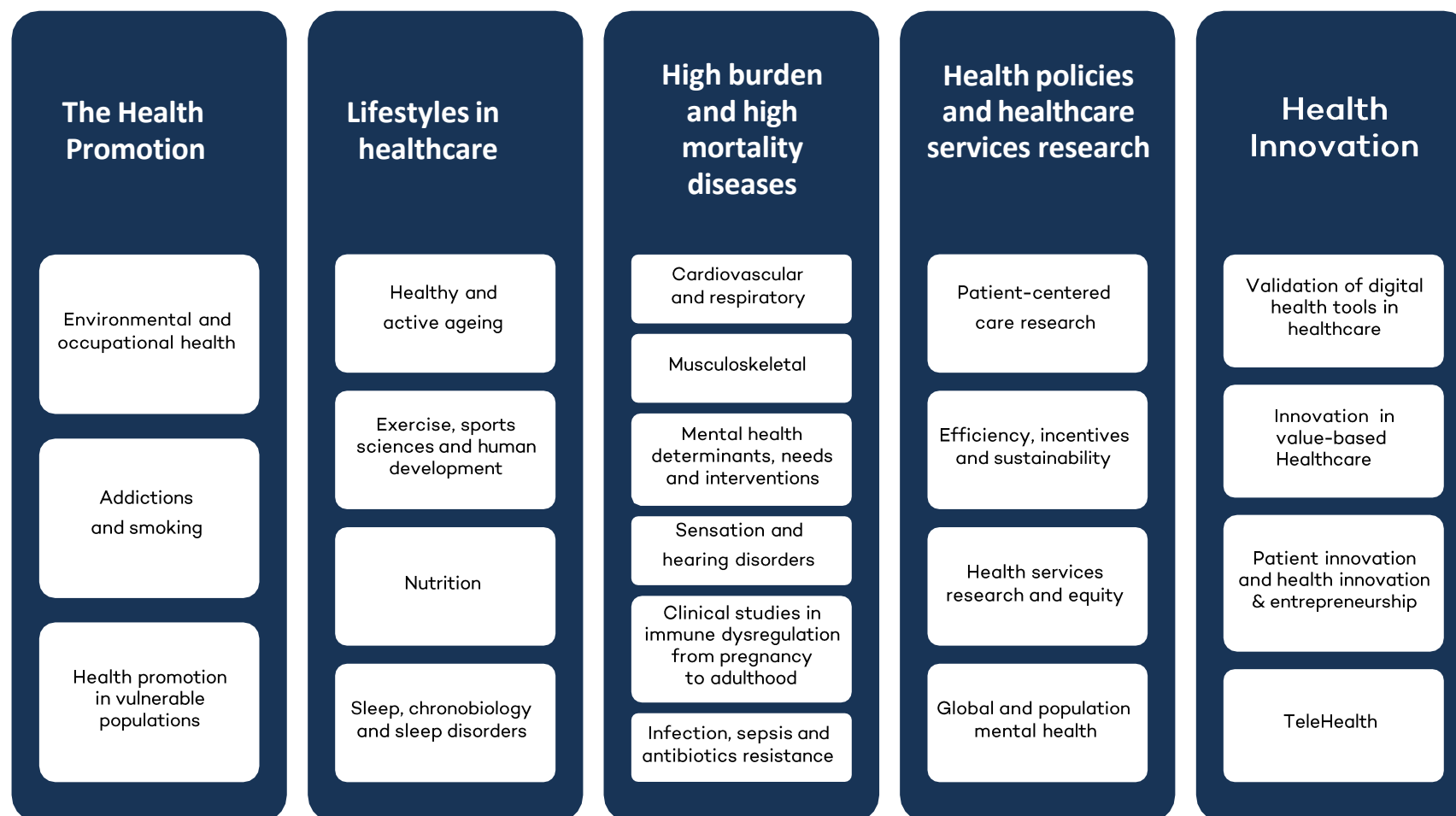


Julian Perelman, PhD



Ana M. Rodrigues, MD, PhD

## THEMATIC LINES AND RESEARCH GROUPS



CHRC.

# CHRC's Uniqueness



# CHRC's

## Uniqueness

### UNIFIED RESEARCH: CHRC'S INTERDISCIPLINARY STRENGTH

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The CHRC exemplifies exceptional interdisciplinary integration on complex topics, such as cancer. This reflects the centre's robust capability to bring together researchers from various fields—including public health, medicine, sports, nursing, and mental health—each contributing unique insights and approaches. By leveraging their diverse expertise, CHRC researchers collaboratively tackle cancer-related challenges, fostering innovative solutions and advancing our understanding of the disease. This holistic approach not only enhances problem-solving efficiency but also promotes the development of comprehensive strategies for cancer prevention, diagnosis, and treatment. For instance, public health experts might focus on cancer prevention through lifestyle interventions, while medical professionals work on improving diagnostic techniques and treatment protocols. Simultaneously, specialists in sports and physical activity explore rehabilitation programmes, nursing professionals contribute to patient care improvements, and mental health experts address the psychological impacts of cancer.

### CHRC'S IMPACT IN CPLP: ADVANCING COLLABORATIVE HEALTH INITIATIVES

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The work conducted within the CPLP (Community of Portuguese Language Countries) highlights the CHRC's significant contributions to this area. Examples include the projects titled “Nutritional and Food Surveillance System in São Tomé and Príncipe” and “Weaving Ties: Initiatives to Strengthen Professional Training in Ibero-American and African Nursing,” both of which involved collaboration with the National School of Public Health. The agenda with the WHO (World Health Organization) for the CPLP further underscores this focus.

Beyond its projects, the CHRC is deeply committed to knowledge transfer and capacity building within the CPLP. This dedication is exemplified by its participation in a consortium funded by the FCT to offer PhD scholarships in Public Health to CPLP students, and its longstanding collaboration with healthcare institutions in Angola to provide training in health management and occupational medicine.

By spearheading projects and providing concrete examples within the community, the CHRC demonstrates its key role in the CPLP. This includes initiatives aimed at addressing public health challenges, fostering collaborative research, and implementing programs that benefit the member countries of the CPLP.

## EMPOWERING TOMORROW: SOCIAL INNOVATION AND SCIENTIFIC KNOWLEDGE

Social innovation, including services like social prescribing and treatments, and the transfer of scientific knowledge through patents, prototypes, and software, are crucial for societal advancement. Social innovation addresses complex societal issues by integrating various sectors to improve well-being and quality of life, while scientific knowledge transfer accelerates technological progress and practical applications. Together, these efforts drive sustainable development, enhance public health, and foster a more equitable and efficient society by turning innovative research into tangible benefits for communities.

The CHRC's social prescribing project, led by the National School of Public Health (ENSP NOVA), exemplifies its dedication to social innovation by integrating healthcare with community support to improve well-being. This project tackles modern health challenges such as sedentary lifestyles, poor diets, social isolation, economic difficulties, and discrimination through personalized interventions like lifestyle promotion, social activation, and cultural participation. By fostering cross-sector collaboration, providing consultancy, and training professionals, this initiative strengthens ties between healthcare and community resources, addressing non-clinical social needs and promoting sustainable, inclusive health solutions.

**+800**

People that have  
already benefited

**+1500**

People that have already  
been referred

**+10**

Social prescription  
projects in progress in  
the regions of Lisboa e  
Vale do Tejo, the Alentejo,  
the Algarve and the North



## EMPOWERING TOMORROW: SOCIAL INNOVATION AND SCIENTIFIC KNOWLEDGE

In another example of CHRC's contribution to social innovation, with the Saúde.come project, CHRC researchers collaborated with the three major TV operators in Portugal to develop a TV application available to all study participants through a dedicated channel. The programme aimed to promote healthy lifestyle behaviours among older individuals experiencing food insecurity through a 12-week home-based intervention using the transtheoretical model of behaviour change. This digital tool underwent a successful small-scale pilot, demonstrating high acceptability and showing short-term positive effects on clinical outcomes such as fatigue, physical function, and activity among senior citizens. The Saúde.come content is also accessible as an e-book and has been included in the digital health literacy library by the general health directorate, underscoring its value in health promotion in Portugal. This open-source and free tool, accessible

# 31

Older adult individuals with food insecurity enrolled in the 12-week intervention programme with no dropouts

# 17

Primary healthcare centres in Portugal were involved in the selection of the 31 participants

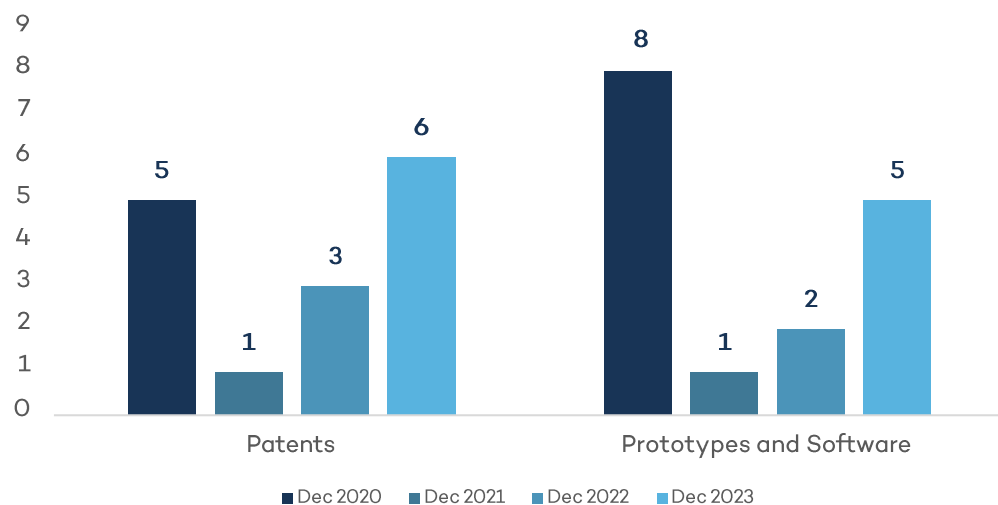


The intervention programme not only reduced the proportion of older adults with food insecurity but also improved participants' fatigue and physical function

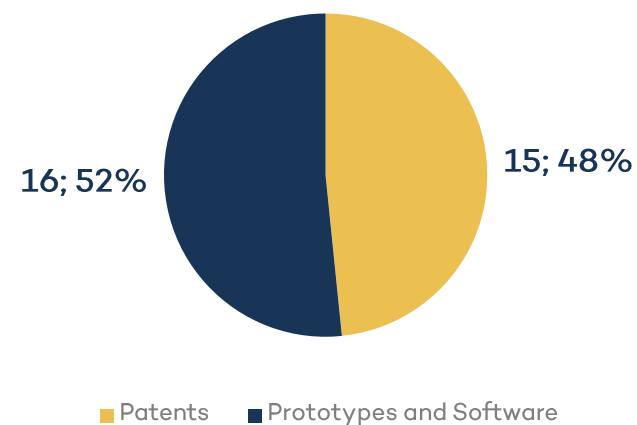
## EMPOWERING TOMORROW: SOCIAL INNOVATION AND SCIENTIFIC KNOWLEDGE

Between January 2020 and December 2023, CHRC researchers contributed to the transfer of scientific knowledge by developing 15 patents and 16 prototypes and software, distributed as follows:

**Scientific knowledge transfer (Jan 2020 - Dec 2023)**



**Distribution of Scientific knowledge transfer (Jan 2020 - Dec 2023)**



CHRC.

# Research and Innovation projects



# Research and Innovation projects

During the year 2023, the CHRC PhD integrated researchers were involved, as principal investigators or participants, in 108 projects, equivalent globally to almost 80M€. From December 2020 to December 2023, there was a 366% increase in the total amount of funding.

# 108

# 80M€

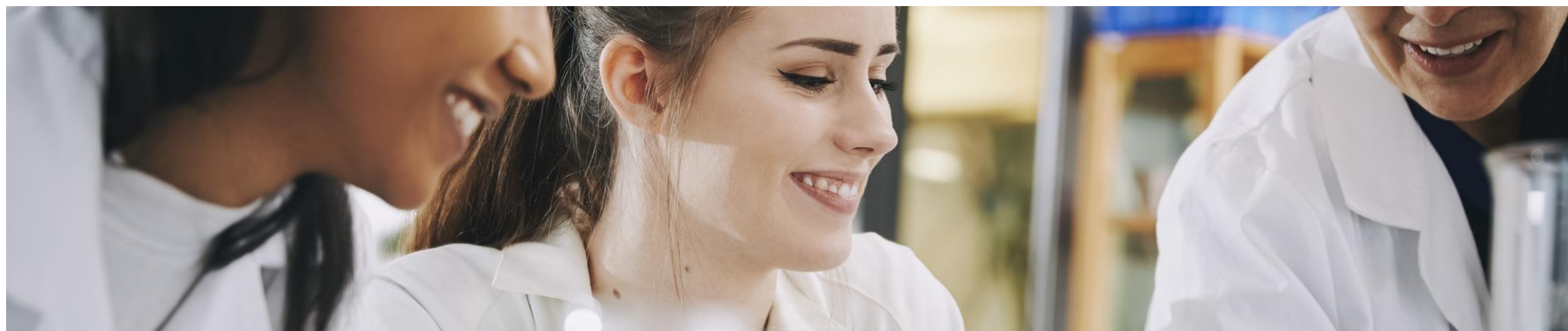
79 864 210,01€

# 366%

Active projects

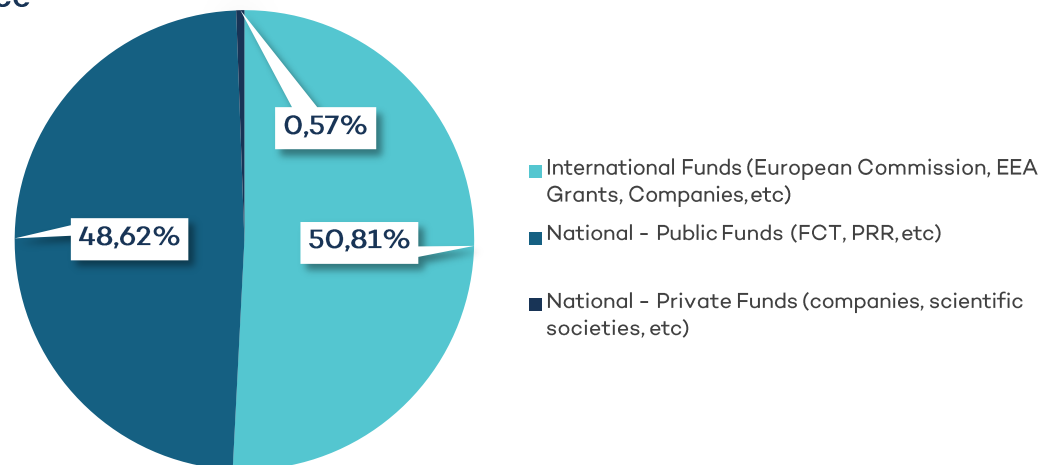
TOTAL AMOUNT  
OF FUNDING  
(2023)

Increase of total amount  
of funding from Jan 2020  
to Dec 2023



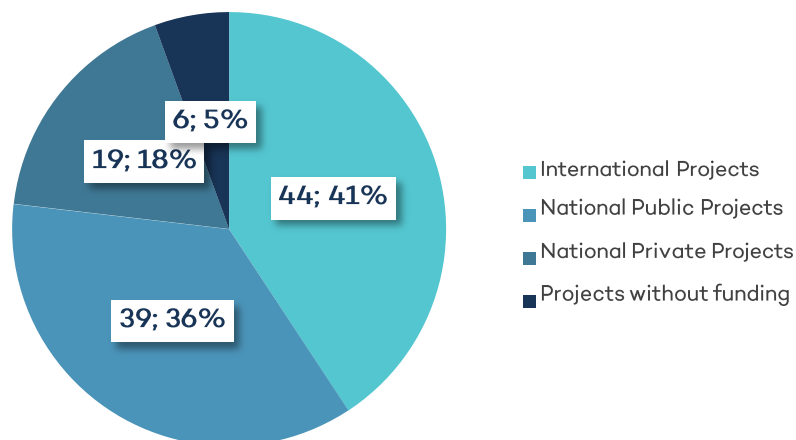
Research projects' total funding is distributed by source of funding as follows:

**2023 CHRC project funds distributed by source**

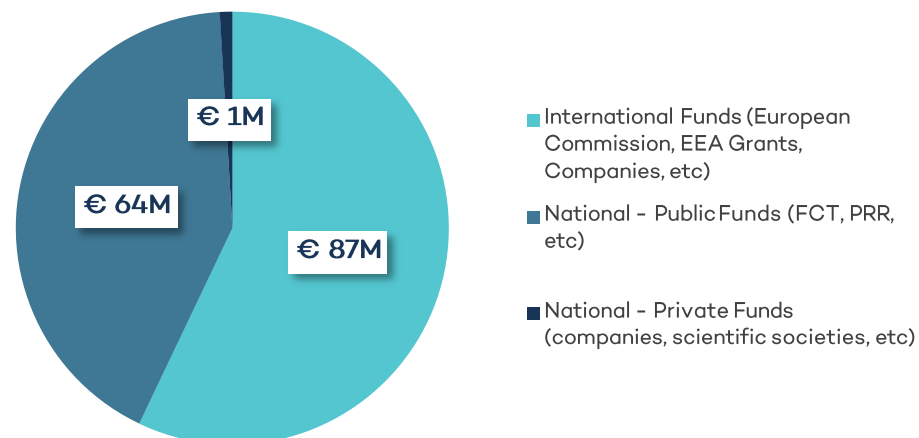


Comparing all CHRC projects distributed by source of funding (2023; and 2020-2023):

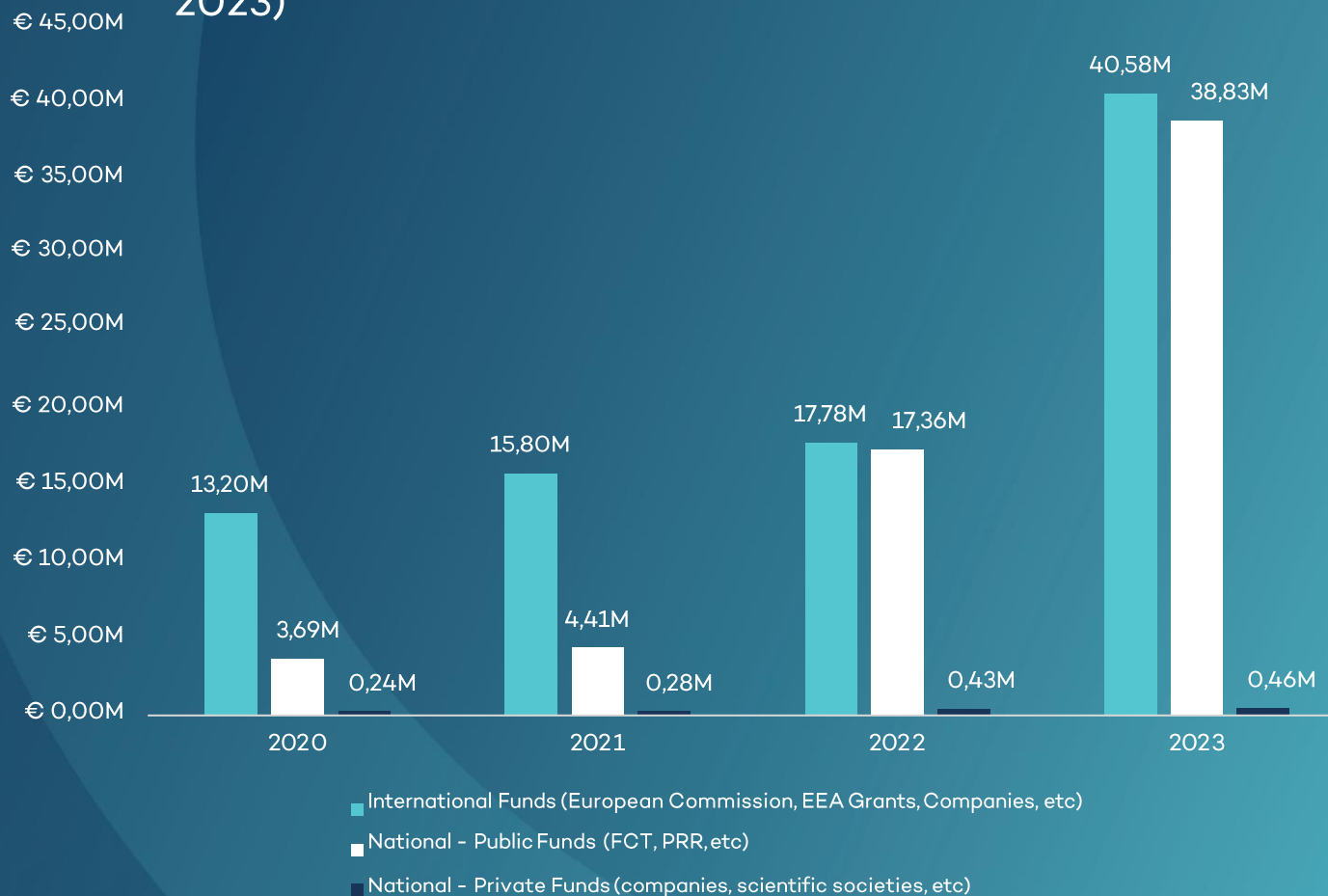
**CHRC projects distributed by source of funding 2023**



**Total global funding distributed by Source (2020-2023)**



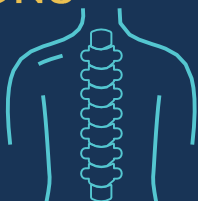
## Global funding distributed by source (2020 – 2023)



## CHRC'S MEMBERS MAIN CONTRIBUTIONS

Our researchers significantly advanced and translated scientific knowledge, prompting societal impact in various areas. The five most relevant CHRC projects for the 2020-2023 period, summarised below, cover the following topics: musculoskeletal, cardiac, and health promotion (including mental health and healthy aging) and also report contributions in the management of the COVID-19 pandemics.

### MUSCULOSKELETAL CONDITIONS



- Reuma.pt
- EpiReumaPt
- 12-Week Aquatic Exercises Intervention for Women with Rheumatoid Arthritis (RA)
- 24-Week Interactive Cognitive-Motor Programs
- Respiratory Muscle Training (RMT) for Women with Fibromyalgia (FM)

### CARDIAC DISEASES



- PORTHOS Study
- RCT on High-Intensity
- Interval Training (HIIT) and Moderate-Intensity Continuous Training for Coronary Artery Disease (CAD) Patients
- Remote Patient Monitoring System for Cardiac Surgical Patients

### HEALTH PROMOTION



- Project Mais
- PAFSE (Partnerships for Science Education)
- ELEVATE
- Mental Health Rights Protection and Peer Support
- IoMum Prospective Coh
- MenosSalPortugal.ptort Study
- Saude.come TV App

### COVID-19



- COVID-19 Barometer
- Algorithm Development for COVID-19 Screening

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**Research  
outputs**





# Research outputs

PUBLICATIONS

During the period 2020-2023, CHRC presented a total of 2,086 publications, with 382 of them published in open access in 2023. More than a half of this number (1120) corresponds to scientific articles published in high impact journals (Q1 or Q2 - SCOPUS index). From December 2020 to December 2023, there was a 16.03% increase in the publication of scientific articles in high-impact journals.

CHCR researchers published 236 Articles in peer-reviewed journals Q3 and Q4 (SCOPUS index). Regarding books, book chapters, articles in other journals (not indexed) and other publications, CHRC registered 730 existences.

## 2086

Publications i.e., papers,  
books, book chapters, etc

## 1120

Papers published in high  
impact journals (Q1, Q2)

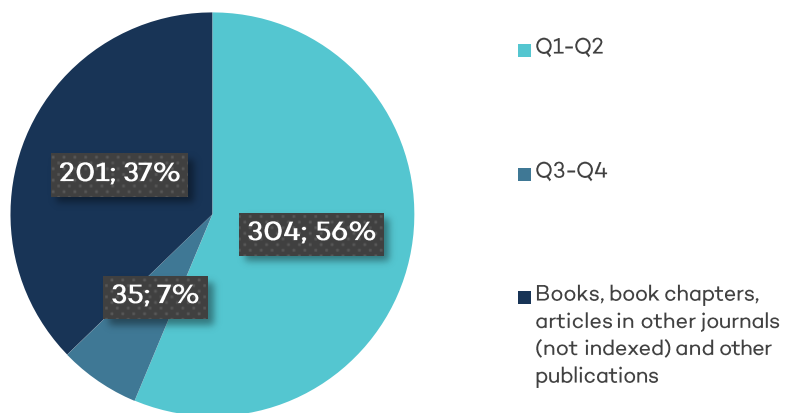
## 382

Publications in open  
access, during 2023

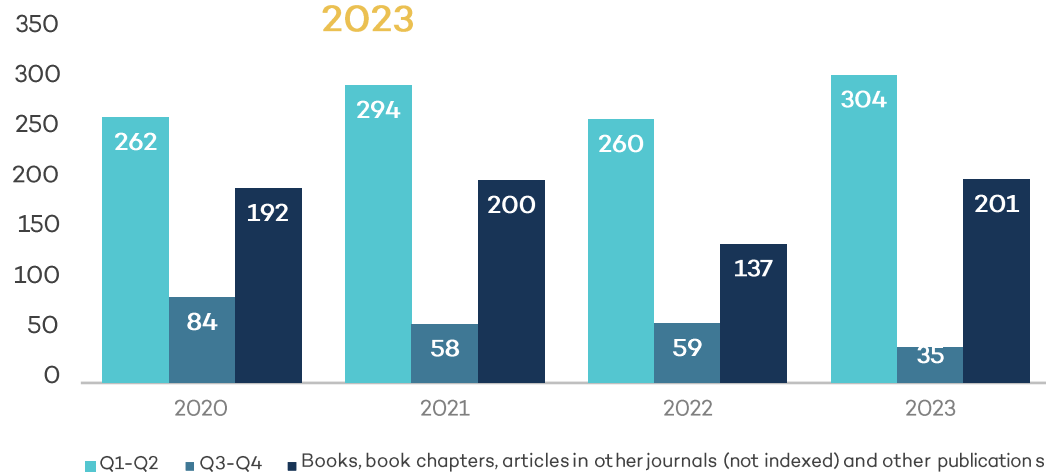


# PUBLICATIONS

**Publications 2023**

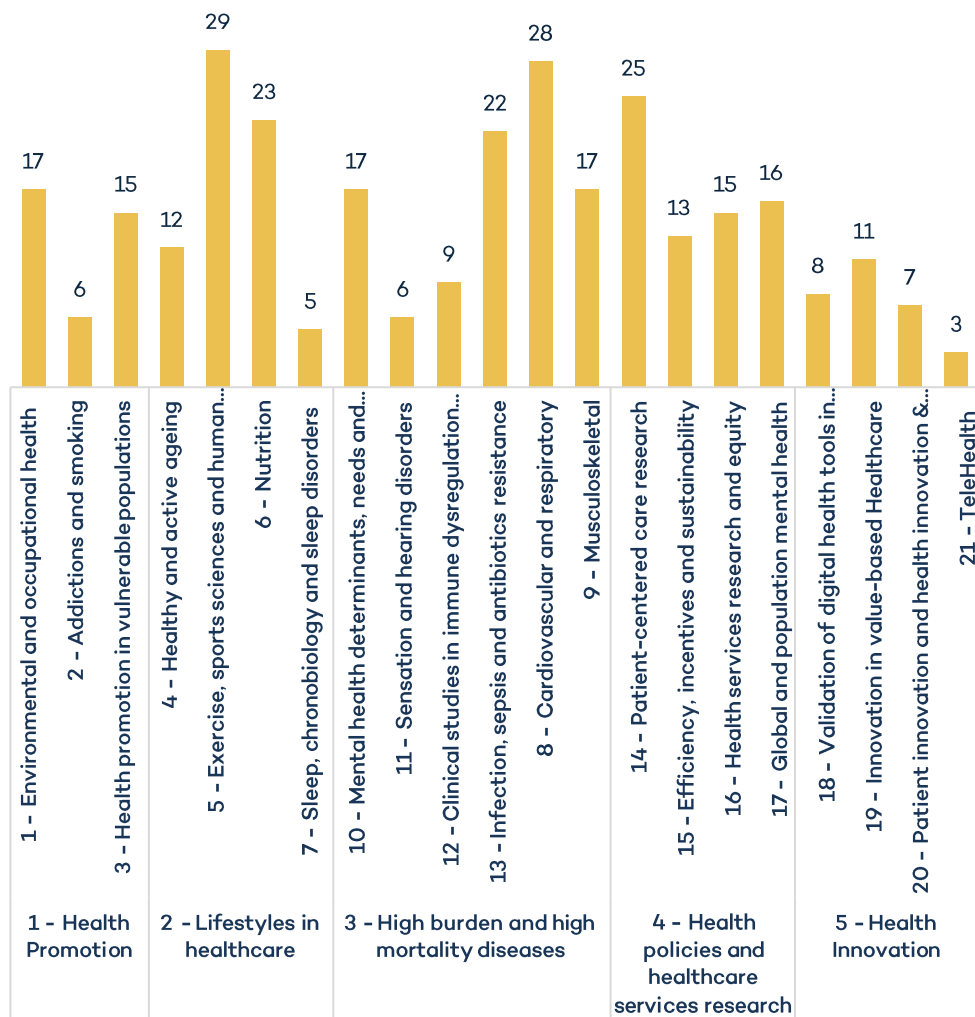


**Publications 2020-2023**

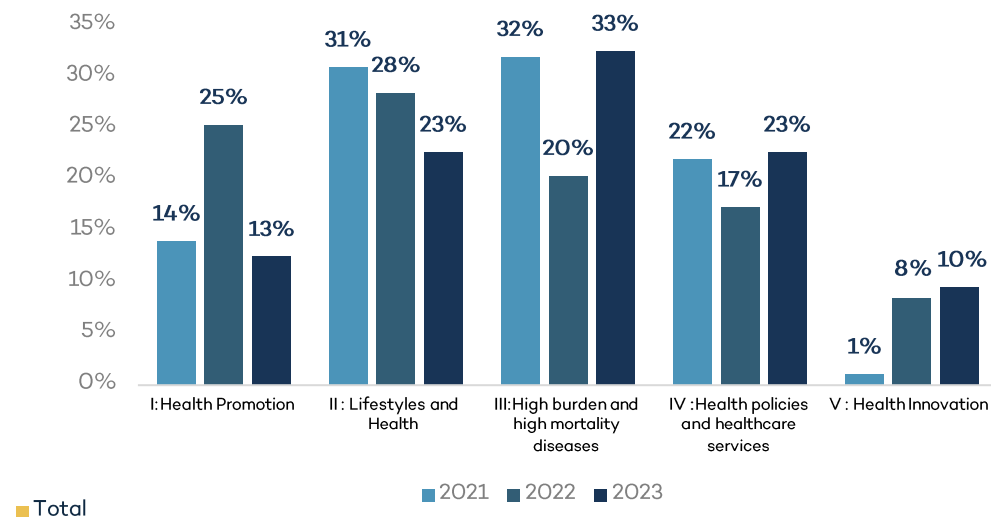


# PUBLICATIONS

Publications Q1-Q2 by Thematic Line and Research Group 2023

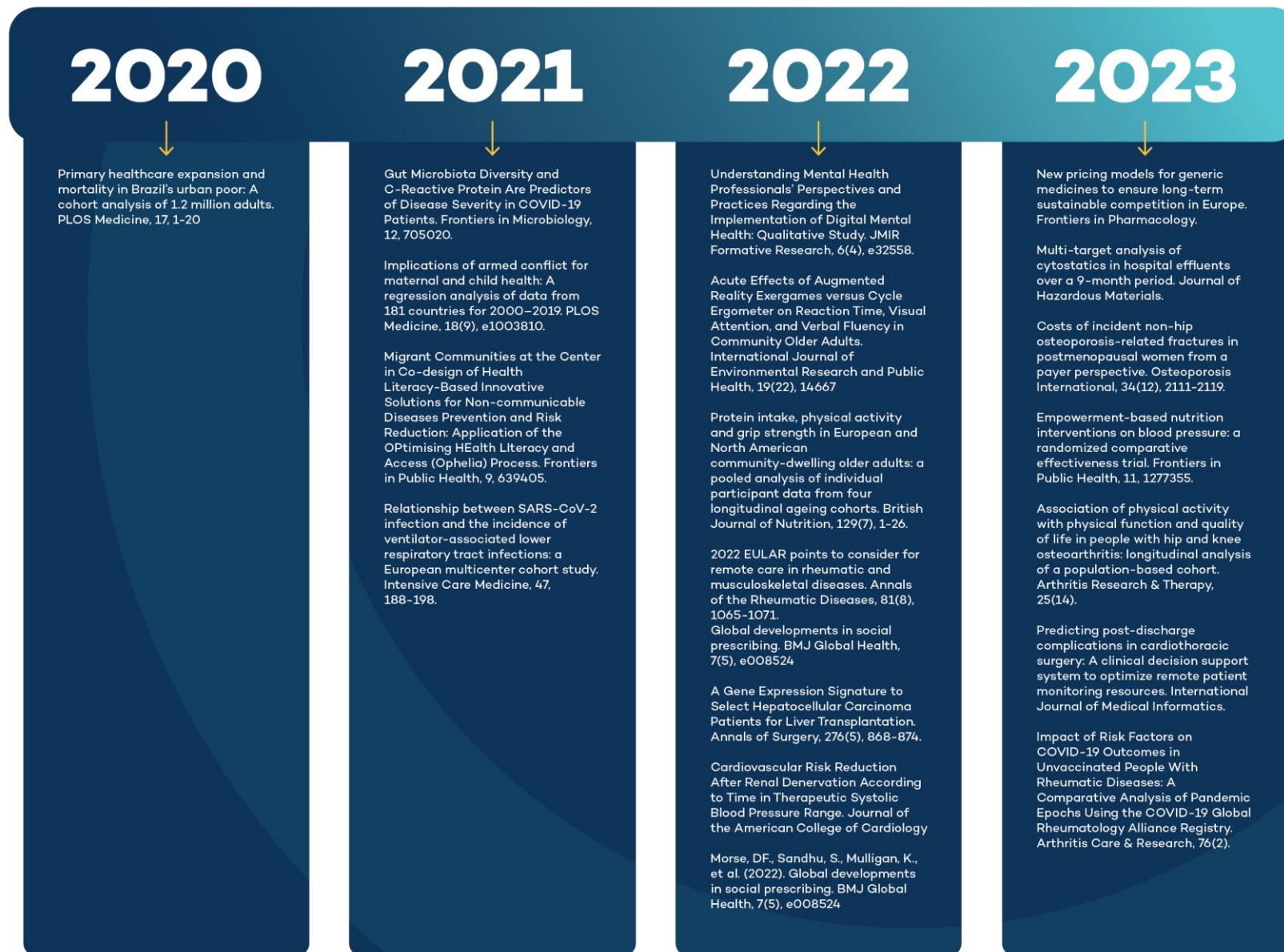


Publications Q1-Q2 by Thematic Line 2021-2023



## CHRC's MEMBERS MAIN CONTRIBUTIONS

The 19 most relevant publications by CHRC integrated members for the period 2020-2023 are listed below:



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**Spreading  
knowledge**



# Spreading knowledge

COMMUNICATION OFFICE

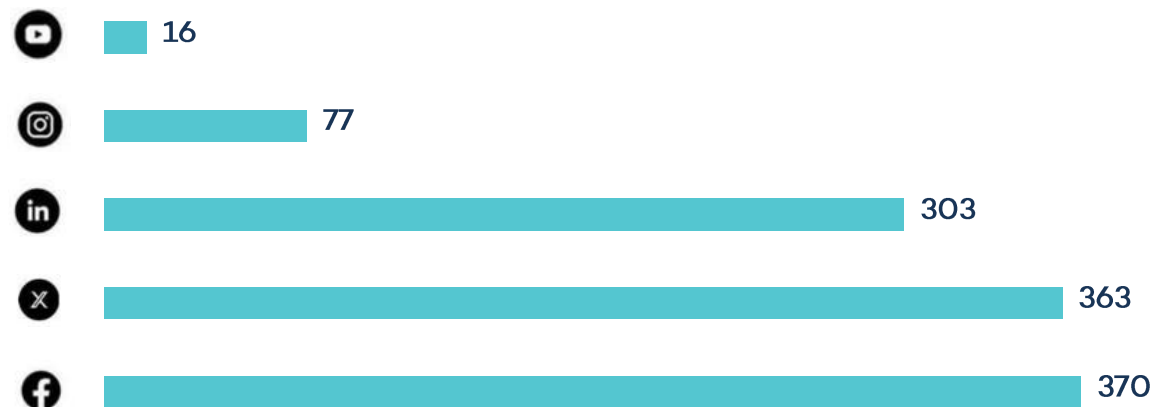
The CHRC's Communication Office had its first trial kick-off in June 2021, and its aim is to ensure the communication and dissemination of information between the management units of CHRC, and all external stakeholders – partners and peers from scientific community, as well as civil society. CHRC's website was launched in 19th November of 2021 and has been regularly updated since then.

Regarding all the publications released by this office:

# 1129

CHRC's total publications on  
the social media channels by  
Dec 2023

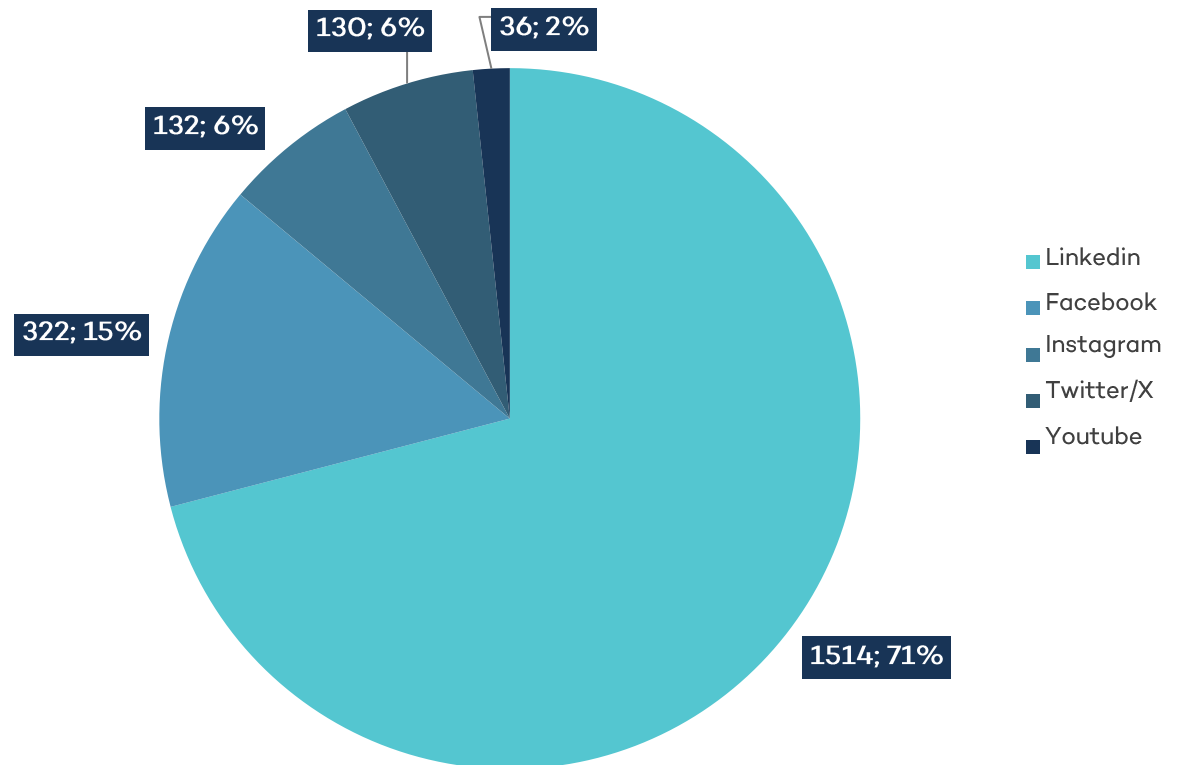
## Publications on CHRC's Social Media Channels by Dec 2023



Distribution of Followers/Subscriptions Across  
CHRC's Social Media Channels by Dec 2023

2134

CHRC's Total  
Followers/Subscriptions on Social  
Media Channels by Dec 2023

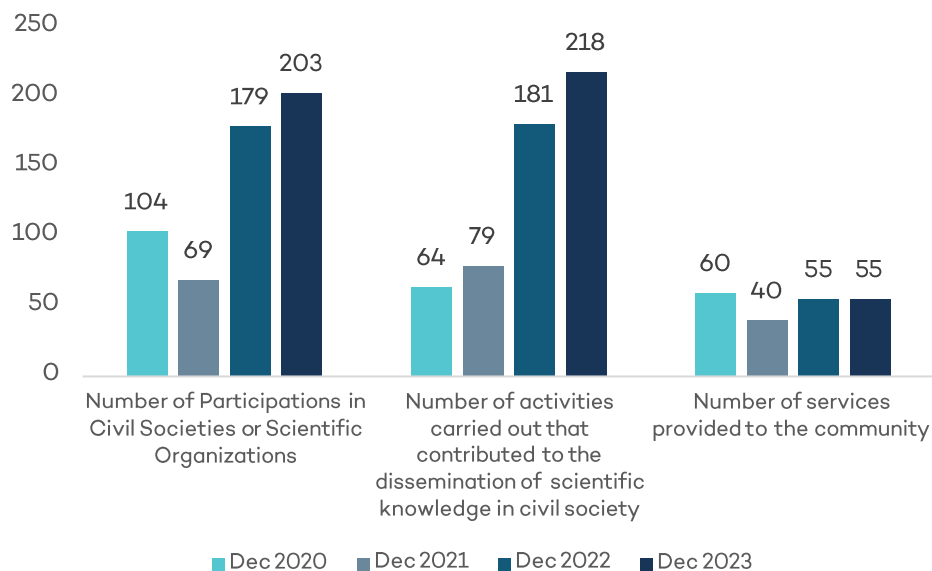


## INTERFACE WITH SOCIETY

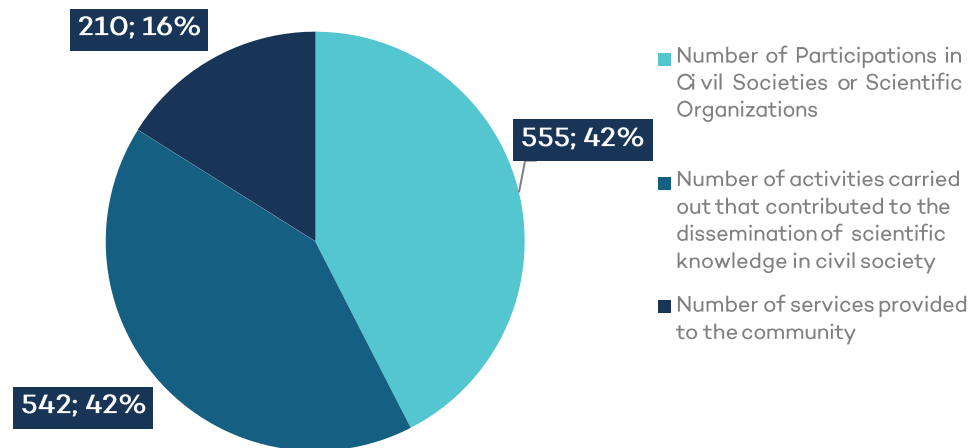
The CHRC is strongly committed to the tangible impact of the research in its translation into public policies and civil society, as well as in the provision of services to the community.

From January 2020 until December 2023, CHRC researchers actively participated in 555 civil society or scientific organisations, carried out 542 activities that contributed to the dissemination of scientific knowledge in civil society, and provided 210 services to the community. Additionally, CHRC integrated members made more than 2000 contributions to the media.

### CHRC Researchers' Engagement with Society (Jan 2020 - Dec 2023)



### Distribution of CHRC Researchers' Engagement with Society (Jan 2020 - Dec 2023)





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## CHRC ANNUAL SUMMITS

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The CHRC's Annual Summits aim at enhancing communication between members and management units to boost and promote clinical, public health, and health services research of a collaborative and multidisciplinary character. By the end of December 2023, 4 Annual Summits were carried out:

- **1<sup>ST</sup> CHRC ANNUAL SUMMIT** - 19<sup>th</sup> and 20<sup>th</sup> of November 2020 – it brought together about 120 participants, members of the CHRC, simultaneously, and offered 5 conferences, 4 round tables, 20 presentations of CHRC projects. Due to the pandemic situation, this Summit was carried out in an online format.
- **2<sup>ND</sup> CHRC ANNUAL SUMMIT** - The second CHRC Annual Summit was planned to take place online on 19<sup>th</sup> November and in face-to-face on 20<sup>th</sup> November, in the city of Évora. Unfortunately, the COVID-19 infection situation prevented the work from taking place in person, so the first day of the online summit was kept. The second day of the summit was postponed and is scheduled for May 13, 2022, at the Colégio Espírito Santo in Évora, hosted by University of Évora. On the 19<sup>th</sup> November, online, there were 96 different participants throughout the afternoon, 63 participants simultaneously in the top share. Regarding international participation, there were participants from Brazil and the Netherlands. There were 12 speakers involved in 9 communications in total.
- **3<sup>RD</sup> CHRC ANNUAL SUMMIT** - took place face-to-face in Lisbon on the 3<sup>rd</sup> and 4<sup>th</sup> of November, 2023, joining 153 CHRC members on both days. In addition, there were participants from the United States of America, Canada, and the United Kingdom regarding international participation. Six distinguished speakers presented five high-level keynote speeches. Of the submitted scientific works, ten oral communications were also presented, with the works best quoted by the Scientific Committee of the event, and 46 posters were exhibited.
- **4<sup>TH</sup> CHRC ANNUAL SUMMIT** - took place face-to-face in Évora on the 25<sup>th</sup> and 26<sup>th</sup> of May, 2023, joining 162 CHRC members on both days. Six distinguished speakers presented four high-level keynote speeches. Of the submitted scientific works, 31 oral communications were also presented, with the works best quoted by the Scientific Committee of the event, 38 posters were exhibited and more than 24kg of the leftover food was given to ReFood, as the CHRC Annual Summit, in addition to health, is committed to sustainability and the fight against waste.

CHRC.

**Collaborative  
activities  
within the CHRC**

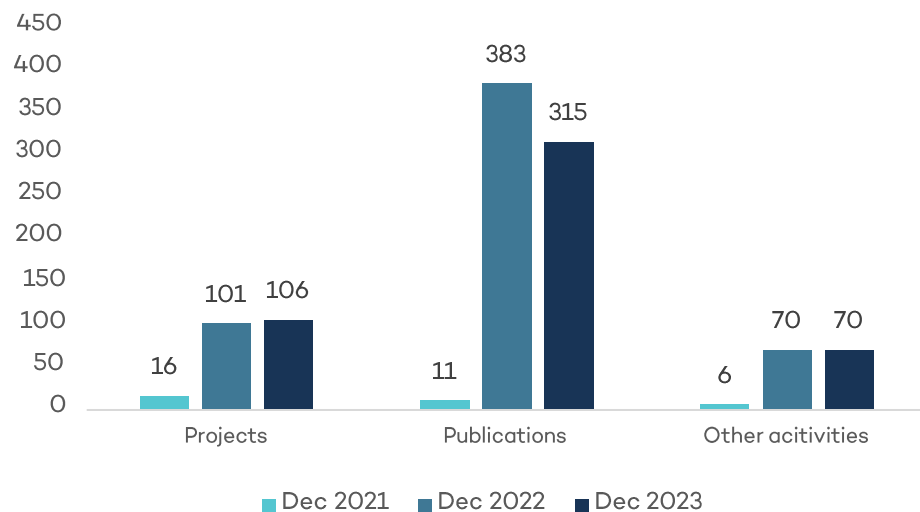


# Collaborative activities within the CHRC

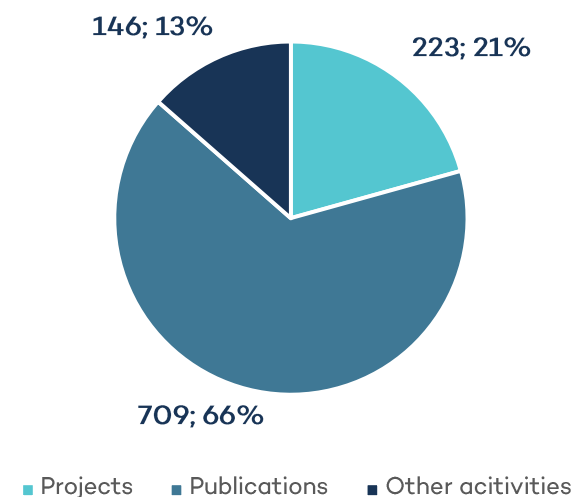
Collaborative activities within the CHRC are crucial for advancing science and healthcare. With a diverse range of management institutions specializing in fields such as nursing, sports and health sciences at the University of Évora, medicine at the NOVA Medical School (NMS), public health at the National School of Public Health (ENSP), and mental health at the Lisbon Institute of Global Mental Health (LIGMH), the CHRC promotes a multidisciplinary approach to research and innovation, enabling comprehensive insights into complex health issues.

Therefore, from January 2021 to December 2023, CHRC integrated members actively engaged in numerous collaborative initiatives across its management institutions (NMS, ENSP, UÉ, LIGMH, and HSEIT). These efforts encompassed over 223 collaborative projects, 709 collaborative publications and 146 other collaborative activities.

**Collaborative activities within the CHRC (Jan 2021 - Dec 2023)**



**Distribution of Collaborative Activities within the CHRC (Jan 2021 - Dec 2023)**



CHRC.



**Internationalization**

# Internationalization

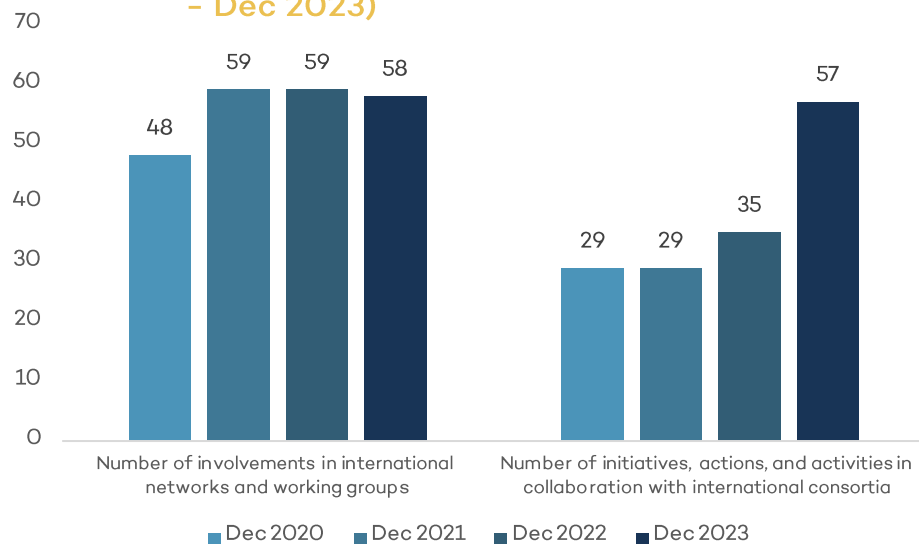
The internationalization capacity of CHRC plays a pivotal role in its role as a research and development centre in healthcare. By actively engaging in global networks, working groups, and collaborative initiatives, CHRC enhances its capability to address complex health challenges on a broader scale. This international collaboration fosters exchange of knowledge, best practices, and innovation across borders, facilitating advancements in healthcare research and application. Through partnerships with international consortia at both European and global levels, CHRC leverages diverse perspectives and expertise, ensuring its research efforts are impactful and relevant in a rapidly evolving global health landscape.

CHRC's commitment to integrating global perspectives into its research and development endeavours is evident through its involvement in 224 networks and working groups, as well as 150 collaborative initiatives, actions, and activities with international consortia across Europe and globally from January 2020 to December 2023. These activities encompass all thematic lines within CHRC, illustrating its extensive engagement in collaborative efforts on an international scale.

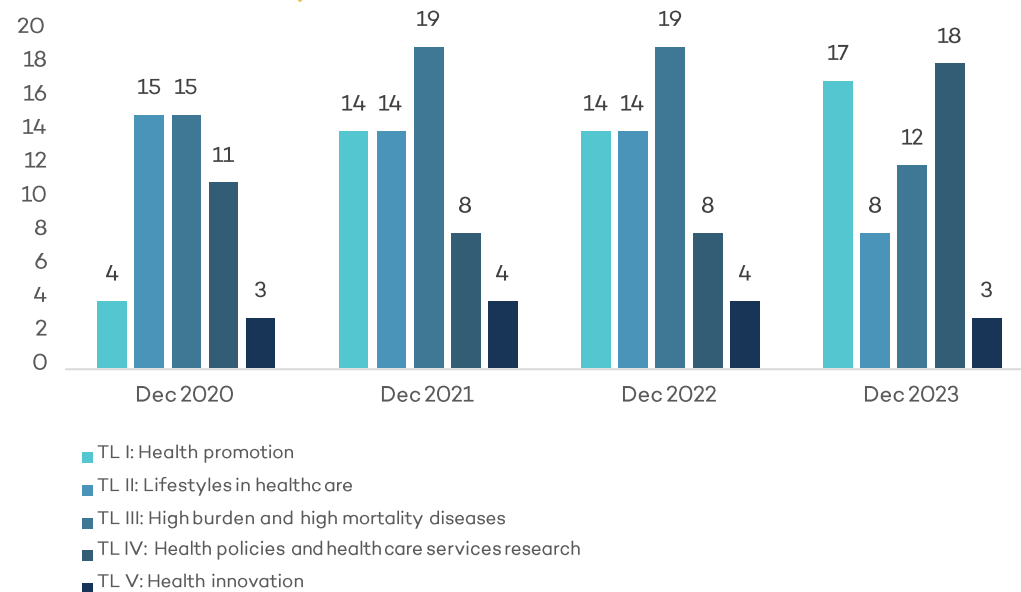
## KEY INTERNATIONAL NETWORKS AND WORKING GROUPS WHERE CHRC'S RESEARCHERS HAVE BEEN INVOLVED SINCE JANUARY 2020:

1. **EUPHA** (European Public Health Association)
2. **European Environment Agency**
3. **ISES Europe** (Europe Regional Chapter of the International Society of Exposure Science)
4. **International Nursing Network**
5. **EIT Health** (European Institute of Innovation and Technology Health)
6. **EIP-AHA** (European Innovation Partnership in Active and Healthy Aging)
7. **RIPRES** (International Research Network on Social Representations in Health)
8. **ESRS** (European Sleep Research Society)
9. **EULAR** (European Alliance of Associations for Rheumatology)
10. **ECRIN** (European Clinical Research Infrastructure Network)
11. **BBMRI-ERIC** (European biobanking research infrastructure)
12. **ASPHER** (Association of Schools of Public Health in the European Region)
13. **WHO** (World Health Organization)
14. **EHMA** (European Health Management Association)
15. **GARD-WHO** (Global Alliance Against Chronic Respiratory Diseases)
16. **ICPHR** (International Collaboration for Participatory Health Research Collaborative Projects)
17. **EGPRN** (European General Practice Research Network)
18. **MeNu** (Mediterranean Nutrition Group)
19. **ARIA** (Allergic Rhinitis and its Impact on Asthma)
20. **ENMESH** (the European Network for Mental Health Service Evaluation)

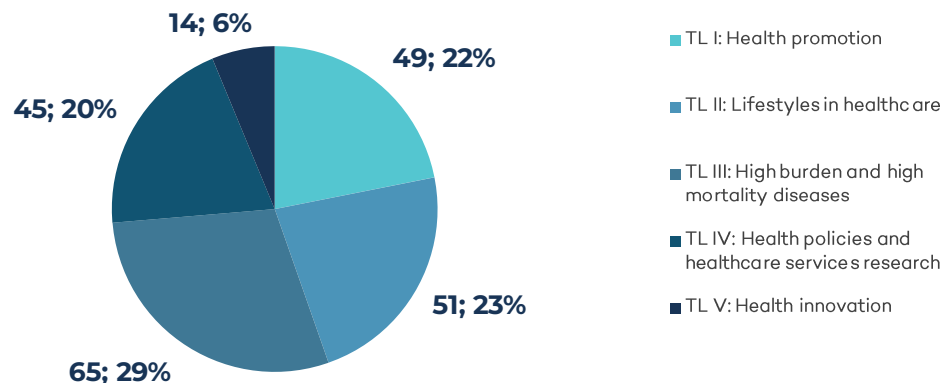
### Internationalization of CHRC Collaborative Engagements (Jan 2020 - Dec 2023)



### Involvements in international networks and working groups by Thematic Line (Jan 2020 - Dec 2023)



### Distribution Involvements in international networks and working groups by Thematic Line (Jan 2020 - Dec 2023)



CHRC.

**Providing  
high-level Doctoral and  
Postdoctoral training**

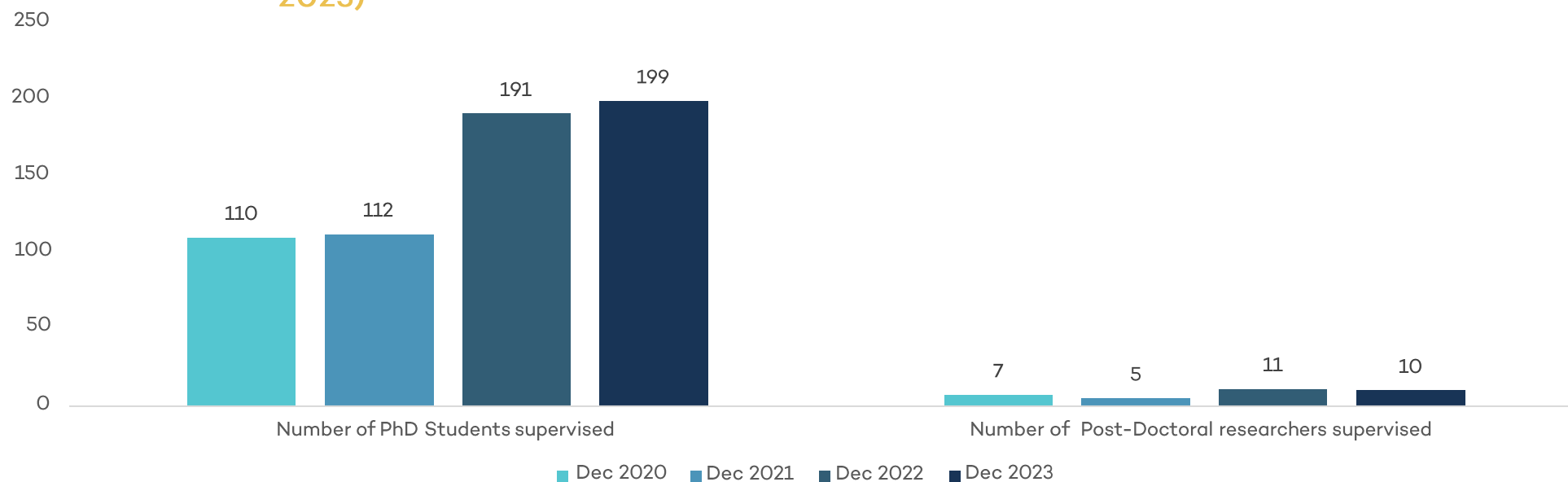


# Providing high-level Doctoral and Postdoctoral training

Doctoral students and postdoctoral researchers are pivotal for a research centre, driving innovation and advancing knowledge. They bring fresh perspectives and creativity, fostering a dynamic research environment. Supervision by experienced doctoral-level researchers provides crucial mentorship, guiding young researchers in rigorous academic standards and critical thinking. This collaboration enhances research output and cultivates future leaders in academia and industry, contributing significantly to the centre's success and reputation.

Between January 2020 and December 2023, CHRC's doctoral-level integrated members supervised doctoral students and postdoctoral researchers annually as follows. Between December 2020 and December 2023, there was a 80,91% increase in the number of PhD students supervised.

Supervision of PhD Students and Post-Doc Researchers (2020-2023)







CHRC.

# **Appendix A**

## **Full list of R&I projects in 2020-2023**

CHRC.

# International Funding Projects 2020-2023



## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2020</b>			
4ie+	INTERREG - International	963 161 €	2020
ARI - Senior	Douglas Instruments Ltd - International	10 399,41 €	2020
ASUMIE	European Commission - International	389 788 €	2020
CA19133 - EU Cost Action FOSTREN - Fostering a Collaborative Strengths-based Approach to Eliminating Coercion in European Mental Health Services (2020-2024)	European Commission - International	34 500,00 €	2020
CUFloT4AHA	H2020 - International	27 284,25 €	2020
DISCOVERY	ECRIN (EU-Response) - International	15 000 700,00 €	2020
E3UDRES2 - Engaged and Entrepreneurial European University as Driver for European Smart and Sustainable Regions (Project 101004069)	Erasmus + - International	4 993 333,91 €	2020
ELEVATE - Early detection of cervical cancer in hard-to-reach populations of women through portable and point-of-care HPV testing	European Commission - International	3 301 990,00 €	2020
EPiDEMPRev 2020	European Commission - International	174 500 €	2020
Health and Humanities Acting Together (PTDC/LLT-OUT/29231/2017) (LISBOA-01-0145-FEDER-029231)	FEDER + FCT, I.P - International	237 000,00 €	2020
InDEPENDent	European Commission - International	147 815,00 €	2020
Jadecare	European Health and Digital Executive Agency (HaDEA) - International	4 999 032,51 €	2020

## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
LEAVES: optimizing the mental health and resilience of older Adults that have lost their spouse via blended, online therapy	FCT, I.P + AAL - International	1 267 140,00 €	2020
MACUSTAR – Intermediate AMD: Development of Novel Clinical Endpoints for Clinical Trials in Patients with a Regulatory and Patient Access Intention	ECRIN (European Commission) - International	16 218 918 €	2020
MHRights – Integrated Programme for the promotion of human rights of Persons with mental disorders	EEA Grants - International	133 530,87 €	2020
MycoClimaChange	EEA Grants Portugal - Mecanismo Financeiro do Espaço Económico Europeu - International	14 859,20 €	2020
Nemesis	European Commission - International	7 881 685,25 €	2020
PHIRI	European Commission - International	4 980 327,50 €	2020
PROMISS	European Commission - International	6 915 506,25 €	2020
SeizeIT2	EIT Health - International	50 000,00 €	2020
THINK4JOBS	European Commission - International	390 438 €	2020
TRANSVACDS	H2020 - International	1 879 216 €	2020

## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2021</b>			
4ie+	INTERREG - International	963 161 €	2021
AAL/0008/2020 - COTIDIANA	FCT, I.P + AAL - International	85 851,00 €	2021
ASUMIE	European Commission - International	389 788 €	2021
CA19133 - EU Cost Action FOSTREN - Fostering a Collaborative Strengths-based Approach to Eliminating Coercion in European Mental Health Services (2020-2024)	European Commission - International	34 500,00 €	2021
CHILI	European Commission - International	2 999 688,75 €	2021
Coagumonitor	Roche Diagnostics - International	26 000,00 €	2021
CUFIoT4AHA	H2020 - International	27 284,25 €	2021
DISCOVERY	ECRIN (EU-Response) - International	15 000 700,00 €	2021
E3UDRES2 - Engaged and Entrepreneurial European University as Driver for European Smart and Sustainable Regions (Project 101004069)	Erasmus + - International	4 993 333,91 €	2021
ELEVATE - Early detection of cervical cancer in hard-to-reach populations of women through portable and point-of-care HPV testing	European Commission - International	3 301 990,00 €	2021
Equity-Cancer - Improving equity in access to early diagnosis of cancer: implementation research in different healthcare systems of Latin America	European Commission - International	2 998 688,75 €	2021
Health and Humanities Acting Together (PTDC/LLT-OUT/29231/2017) (LISBOA-01-0145-FEDER-029231)	FEDER + FCT, I.P - International	237 000,00 €	2021

## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
ICU4COVID	H2020 - International	1 000 000,00 €	2021
InDEPENDent	European Commission - International	147 815,00 €	2021
INTERCAMBIO	European Commission - International	5 728 110,50 €	2021
Jadecare	European Health and Digital Executive Agency (HaDEA) - International	4 999 032,51 €	2021
LEAVES: optimizing the mental health and resilience of older Adults that have lost their spouse via blended, online therapy	FCT, I.P + AAL - International	1 267 140,00 €	2021
MACUSTAR – Intermediate AMD: Development of Novel Clinical Endpoints for Clinical Trials in Patients with a Regulatory and Patient Access Intention	ECRIN (European Commission) - International	16 218 918 €	2021
MHRights – Integrated Programme for the promotion of human rights of Persons with mental disorders	EEA Grants - International	133 530,87 €	2021
MycoClimaChange	EEA Grants Portugal - Mecanismo Financeiro do Espaço Económico Europeu - International	14 859,20 €	2021
Nemesis	European Commission - International	7 881 685,25 €	2021
PAFSE	European Commission - International	1 455 075,00 €	2021
PHIRI	European Commission - International	4 980 327,50 €	2021
PROMISS	European Commission - International	6 915 506,25 €	2021
SaveCor	EIT Health - International	150 000 €	2021
SeizeIT2	EIT Health - International	50 000,00 €	2021
TB-MED – BIOCERAMED	ECRIN (TBMED Call) - International	4 000 000,00 €	2021
THINK4JOBS	European Commission - International	390 438 €	2021
TRANSVACDS	H2020 - International	1 879 216 €	2021

## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2022</b>			
AAL/0008/2020 - COTIDIANA	FCT, I.P + AAL - International	963 161 €	2022
ASUMIE	European Commission - International	389 788 €	2022
Basics of Digital Health Course	EIT - European Institute of Innovation & Technology - International	30 000,00 €	2022
C.O.P.E	European Commission - International	798 692,37 €	2022
CA19133 - EU Cost Action FOSTREN - Fostering a Collaborative Strengths-based Approach to Eliminating Coercion in European Mental Health Services (2020-2024)	European Commission - International	34 500,00 €	2022
CAP4ie	INTERREG - International	372 139 €	2022
CHILI	European Commission - International	2 999 688,75 €	2022
Coagumonitor	Roche Diagnostics - International	26 000,00 €	2022
COMPUSEL	European Commission - International	193 365 €	2022
CUFloT4AHA	H2020 - International	27 284,25 €	2022
DISCOVERY	ECRIN (EU-Response) - International	15 000 700,00 €	2022
DRIVE-MAS - Implementation of a behavioural and indicator-based antimicrobial stewardship strategy and expert advice for a more appropriate use of antimicrobials in Europe	EU4Health - International	1 267 464,22 €	2022
E3UDRES2 - Engaged and Entrepreneurial European University as Driver for European Smart and Sustainable Regions (Project 101004069)	Erasmus + - International	4 993 333,91 €	2022
E3UDRES2 Ent-r-e-novators: Cooperating for excellence and impact in research and innovation (Project 101071317)	European Research Executive Agency - International	1 905 934,34 €	2022
ELEVATE - Early detection of cervical cancer in hard-to-reach populations of women through portable and point-of-care HPV testing	European Commission - International	3 301 990,00 €	2022

## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
EOLinplace	European Commission - International	97 500,00 €	2022
Equity-Cancer - Improving equity in access to early diagnosis of cancer: implementation research in different healthcare systems of Latin America	European Commission - International	2 998 688,75 €	2022
Genomic and metabolomic profiling of soft tissue sarcomas (Study ID: SG44174)	Roche and PharmaMar - International	350 000,00 €	2022
Health and Humanities Acting Together (PTDC/LLT-OUT/29231/2017) (LISBOA-01-0145-FEDER-029231)	FEDER + FCT, I.P - International	237 000,00 €	2022
ICU4COVID	H2020 - International	1 000 000,00 €	2022
Improving Health Service Management in Romania	World Health Organization (WHO) - International	1 860 960,00 €	2022
INTERCAMBIO	European Commission - International	5 728 110,50 €	2022
Jadecare	European Health and Digital Executive Agency (HaDEA) - International	4 999 032,51 €	2022
K-HEALTHinAIR	European Commission - International	7 984 484,00 €	2022
LEAVES: optimizing the mental health and resilience of older Adults that have lost their spouse via blended, online therapy	FCT, I.P + AAL - International	1 267 140,00 €	2022
MACUSTAR – Intermediate AMD: Development of Novel Clinical Endpoints for Clinical Trials in Patients with a Regulatory and Patient Access Intention	ECRIN (European Commission) - International	16 218 918 €	2022
MHRights – Integrated Programme for the promotion of human rights of Persons with mental disorders	EEA Grants - International	133 530,87 €	2022
MycoClimaChange	EEA Grants Portugal - Mecanismo Financeiro do Espaço Económico Europeu - International	14 859,20 €	2022



## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
PAFSE	European Commission - International	1 455 075,00 €	2022
PARC	European Health and Digital Executive Agency (HaDEA) - International	821 807,50 €	2022
PHIRI	European Commission - International	4 980 327,50 €	2022
PLAY/ACT	European Commission - International	275 596 €	2022
SAFEST	European Commission - International	4 998 778,75 €	2022
SaveCor	EIT Health - International	150 000 €	2022
TB-MED – BIOCERAMED	ECRIN (TBMED Call) - International	400 000,00 €	2022
TETRA-S	European Commission - International	246 065 €	2022
THINK4JOBS	European Commission - International	390 438 €	2022
TRANSVACDS	H2020 - International	1 879 216 €	2022

## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2023</b>			
AAL/0008/2020 - COTIDIANA	FCT, I.P + AAL - International	85 851,00 €	2023
AI-Prognosis: Artificial intelligence-based Parkinson's disease risk assessment and prognosis	European Commission - International	5 928 625,00 €	2023
Assist Project	EIT Health - International	1 500 000,00 €	2023
ASUMIE	European Commission - International	389 788 €	2023
Basics of Digital Health Course_2.ª Edição	EIT - European Institute of Innovation & Technology - International	30 000,00 €	2023
C.O.P.E	European Commission - International	798 692,37 €	2023
CA19133- EU Cost Action FOSTREN - Fostering a Collaborative Strengths-based Approach to Eliminating Coercion in European Mental Health Services (2020-2024)	European Commission - International	34 500,00 €	2023
CAP4ie	INTERREG - International	372 139 €	2023
CHILI	European Commission - International	2 999 688,75 €	2023
Coagumonitor	Roche Diagnostics - International	26 000,00 €	2023
COMPUSEL	European Commission - International	193 365 €	2023
DISCOVERY	ECRIN (EU-Response) - International	15 000 700,00 €	2023
DRIVE-MAS - Implementation of a behavioural and indicator-based antimicrobial stewardship strategy and expert advice for a more appropriate use of antimicrobials in Europe	EU4Health - International	1 267 464,22 €	2023
E3UDRES2 - Engaged and Entrepreneurial European University as Driver for European Smart and Sustainable Regions (Project 101004069)	Erasmus + - International	4 993 333,91 €	2023
E3UDRES2 Ent-r-e-novators: Cooperating for excellence and impact in research and innovation (Project 101071317)	European Research Executive Agency - International	1 905 934,34 €	2023

## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
ELEVATE - Early detection of cervical cancer in hard-to-reach populations of women through portable and point-of-care HPV testing	European Commission - International	3 301 990,00 €	2023
EOLinplace	European Commission - International	97 500,00 €	2023
Equity-Cancer - Improving equity in access to early diagnosis of cancer: implementation research in different healthcare systems of Latin America	European Commission - International	2 998 688,75 €	2023
EU GREEN	European Commission - International	14 399 995 €	2023
Genomic and metabolomic profiling of soft tissue sarcomas (Study ID: SG44174)	Roche and PharmaMar - International	350 000,00 €	2023
HealthyW8	European Commission - International	10 000 000 €	2023
HORIZON-CL6-2022-FARM2FORK-01 - WHEATBIOME	European Comission (REA) - International	5 060 547,25 €	2023
HORIZON-EIE-2022-SCALEUP-01 - HealthEConnect	EISMEA - International	1 000 000,00 €	2023
Improving Health Service Management in Romania	World Health Organization (WHO) - International	1 860 960,00 €	2023
INTERCAMBIO	European Commission - International	5 728 110,50 €	2023
JACARDI	European Commission - International	52 998 824,96 €	2023
Jadecare	European Health and Digital Executive Agency (HaDEA) - International	4 999 032,51 €	2023
K-HEALTHinAIR	European Commission - International	7 984 484,00 €	2023
LEAVES: optimizing the mental health and resilience of older Adults that have lost their spouse via blended, online therapy	FCT, I.P + AAL - International	1 267 140,00 €	2023
MACUSTAR – Intermediate AMD:Development of Novel Clinical Endpoints for Clinical Trials in Patients with a Regulatory and Patient Access Intention	ECRIN (European Comission) - International	16 218 918 €	2023

## INTERNATIONAL FUNDING PROJECTS 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
NeuroTarget	CaixaImpulse - International	49 000,00 €	2023
PAFSE	European Commission - International	1 455 075,00 €	2023
PARC	European Health and Digital Executive Agency (HaDEA) - International	821 807,50 €	2023
PHIRI	European Commission - International	4 980 327,50 €	2023
PLAY/ACT	European Commission - International	275 596 €	2023
PREVENTABLE	European Comission (HORIZON-HADEA) - International	4 642 249,75 €	2023
SAFEST	European Commission - International	4 998 778,75 €	2023
SaveCor	EIT Health - International	150 000 €	2023
TB-MED – BIOCERAMED	ECRIN (TBMED Call) - International	400 000,00 €	2023
TETRA-S	European Commission - International	246 065 €	2023
THINK4JOBS	European Commission - International	390 438 €	2023
Trainr4U	EIT Health - International	15 175,36 €	2023
TRANSVACDS	H2020 - International	1 879 216 €	2023

CHRC.



# National Public Projects 2020-2023

## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2020</b>			
ARCO	Portugal 2020 - National Public	299 978 €	2020
CERCA (Role of CERuloplamin in progression and instability of Coronary Atherosclerotic plaques) Study	Centro Hospitalar Universitário Lisboa Central - National Public	3 000,00 €	2020
cLabel+	Agência Nacional de Inovação - ANI – National Public	4 641 020,43 €	2020
Concilia.UE	Portugal 2020 - National Public	115 083 €	2020
COVID-19 pandemic	CHRC (FCT) - National Public	39 900 €	2020
Early recognition of cardiac injury associated with COVID-19 and clinical outcomes	FCT, I.P - National Public	14 436,00 €	2020
Early- life exposure to MYCOtoxins and its impact on health	FCT, I.P - National Public	239 985,56 €	2020
Easy Health for Covid	Portugal 2020 - National Public	109 676,58 €	2020
Fast Track Covid	Agência Nacional de Inovação - ANI – National Public	399 641,04 €	2020
FastTrackCovid	Portugal 2020 - National Public	18 911,25 €	2020
Finnee - PTDC/CCI-BIO/29702/2017	FCT, I.P - National Public	235 026,42 €	2020
FrailCare.AI	FCT, I.P - National Public	236 948,50 €	2020
Mini Vent	FCT, I.P - National Public	20 000,00 €	2020
Mini Vent	Agência Nacional de Inovação - ANI – National Public	157 175,09 €	2020

## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
ARCO	Portugal 2020 - National Public	299 978 €	2020
Mobfood	Agência Nacional de Inovação - ANI - National Public	7 021 739,21 €	2020
OSCAR: vOice Screening of Corona viRus	Agência Nacional de Inovação - ANI - National Public	391 587,50 €	2020
PIC 4 COVID-19	FCT, I.P - National Public	30 000 €	2020
PREDICT – Personalized therapy for rheumatic diseases via machine learning	FCT, I.P - National Public	239 921,74 €	2020
PREMO - Predictive Models of COVID-19 Outcomes for Higher Risk Patients Towards a Precision Medicine	FCT, I.P - National Public	239 963,75 €	2020
PrevOccupAI - Artificial Intelligence Applied to the Prevention of Work-related Diseases in Public Administration	FCT, I.P - National Public	234 863,85 €	2020
PrimaryCare@COVID-19: Digital Platform for Supporting Chronic Patients and COVID-19 consultations and Monitoring in Primary Care.	FCT, I.P - National Public	27 000,00 €	2020
Proteomic Analysis of Nasopharyngeal Carcinoma	IPOLEFG UIC901 - National Public	10 000,00 €	2020
Revolutionizing Healthcare: Empowering patients by valuing innovation and promoting entrepreneurship	FCT, I.P - National Public	31 312,50 €	2020
SAICT-POL/23439/2016	FCT, I.P - National Public	144 658,52 €	2020
Spark and Flame (FCT)	FCT, I.P - National Public	30 000,00 €	2020
UÉvora UniverCIDADE V	Instituto do Desporto e Juventude – National Public	12 000 €	2020
VEBINASO - Clinical usefulness of quantifying DNA and messenger RNA expression of the Epstein-Barr virus oncogenic protein BARF-1 as predictors of response and monitoring of therapy for undifferentiated nasopharyngeal carcinoma	IPOLEFG UIC911 - National Public	10 000,00 €	2020

## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2021</b>			
ARCO	Portugal 2020 - National Public	299 978 €	2021
BEST	Portugal 2020 - National Public	685 449 €	2021
CardioFollow.AI	FCT, I.P - National Public	111 951,25 €	2021
CERCA (Role of CERuloplamin in progression and instability of Coronary Atherosclerotic plaques) Study	Centro Hospitalar Universitário Lisboa Central - National Public	3 000,00 €	2021
CHiLDLIMaR	FCT, I.P - National Public	227 258,13 €	2021
cLabel+	Agência Nacional de Inovação - ANI – National Public	4 641 020,43 €	2021
Concilia.UE	Portugal 2020 - National Public	115 083 €	2021
COVID-19 pandemic	CHRC (FCT) - National Public	39 900 €	2021
Early recognition of cardiac injury associated with COVID-19 and clinical outcomes	FCT, I.P - National Public	14 436,00 €	2021
Early-life exposure to MYCOtoxins and its impact on health	FCT, I.P - National Public	239 985,56 €	2021
Easy Health for Covid	Portugal 2020 - National Public	109 676,58 €	2021
Fast Track Covid	Agência Nacional de Inovação - ANI – National Public	399 641,04 €	2021
FastTrackCovid	Portugal 2020 - National Public	18 911,25 €	2021
Finnee - PTDC/CCI-BIO/29702/2017	FCT, I.P - National Public	235 026,42 €	2021
FrailCare.AI	FCT, I.P - National Public	236 948,50 €	2021
LA/P/0117/2020	FCT, I.P - National Public	118 812,00 €	2021
Mini Vent	Agência Nacional de Inovação - ANI – National Public	157 175,09 €	2021



## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
Mobfood	Agência Nacional de Inovação - ANI - National Public	7 021 739,21 €	2021
MoveONParkison - a motivational solution for personalised exercise using the ONParkinson computer platform	Instituto Politécnico de Setúbal - National Public	49 989,78 €	2021
MyBack- Effectiveness and implementation of a tailored self-management programme to prevent recurrences and disability and promote musculoskeletal health in Low Back Pain patients (PTDC/SAU-SER/7406/2020)	FCT, I.P - National Public	249 689,80 €	2021
<a href="#">Nova@Heuropa</a>	Agência Nacional de Inovação - ANI - National Public	19 388,44 €	2021
OSCAR: vOice Screening of CoronA viRus	Agência Nacional de Inovação - ANI - National Public	391 587,50 €	2021
PREDICT – Personalized therapy for rheumatic diseases via machine learning	FCT, I.P - National Public	239 921,74 €	2021
PREMO - Predictive Models of COVID-19 Outcomes for Higher Risk Patients Towards a Precision Medicine	FCT, I.P - National Public	239 963,75 €	2021
PrevOccupAI - Artificial Intelligence Applied to the Prevention of Work-related Diseases in Public Administration	FCT, I.P - National Public	234 863,85 €	2021
PRO.VITA	Portugal 2020 - National Public	682 039 €	2021
Proteomic Analysis of Nasopharyngeal Carcinoma	IPOLEFG UIC901 - National Public	10 000,00 €	2021
PTDC/BAA-ARG/7419/2020-MONET	FCT, I.P - National Public	249 832,50 €	2021
REAL	FCT, I.P - National Public	675 393 €	2021
Revolutionizing Healthcare: Empowering patients by valuing innovation and promoting entrepreneurship	FCT, I.P - National Public	31 312,50 €	2021
VEBINASO - Clinical usefulness of quantifying DNA and messenger RNA expression of the Epstein-Barr virus oncogenic protein BARF-1 as predictors of response and monitoring of therapy for undifferentiated nasopharyngeal carcinoma	IPOLEFG UIC911 - National Public	10 000,00 €	2021
Vo(i)ces	Alto Comissariado das Migrações – National Public	65 876,55 €	2021

## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2022</b>			
ARCO	Portugal 2020 - National Public	299 978 €	2022
b-Able2: personalised hybrid intervention programme to support self-management after stroke	FCT, I.P - National Public	49 989,78 €	2022
BEST	Portugal 2020 - National Public	685 449 €	2022
CardioFollow.AI	FCT, I.P - National Public	111 951,25 €	2022
CERCA (Role of CERuloplamin in progression and instability of Coronary Atherosclerotic plaques) Study	Centro Hospitalar Universitário Lisboa Central - National Public	3 000,00 €	2022
CHiLDLIMaR	FCT, I.P - National Public	227 258,13 €	2022
cLabel+	Agência Nacional de Inovação - ANI – National Public	4 641 020,43 €	2022
COGCARE – Cognitive Disorders and Impact on Caregivers	CHRC (FCT) - National Public	20 000,00 €	2022
Concilia.UE	Portugal 2020 - National Public	115 083 €	2022
COVID-19 pandemic	CHRC (FCT) - National Public	39 900 €	2022
Early recognition of cardiac injury associated with COVID-19 and clinical outcomes	FCT, I.P - National Public	14 436,00 €	2022
Early - life exposure to MYCOtoxins and its impact on health	FCT, I.P - National Public	239 985,56 €	2022
Easy Health for Covid	Portugal 2020 - National Public	109 676,58 €	2022
EXPL/SAU-PUB/0944/2021	FCT, I.P - National Public	49 946,00 €	2022
FastTrackCovid	Portugal 2020 - National Public	18 911,25 €	2022
FrailCare.AI	FCT, I.P - National Public	236 948,50 €	2022
IPHUNCTION	FCT, I.P - National Public	236 870,00 €	2022

## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
LA/P/0117/2020	FCT, I.P - National Public	118 812,00 €	2022
MCT-Silver	FCT, I.P - National Public	2 000 €	2022
MoveONParkison - a motivational solution for personalised exercise using the ONParkinson computer platform	Instituto Politécnico de Setúbal - National Public	49 989,78 €	2022
MyBack- Effectiveness and implementation of a tailored self-management programme to prevent recurrences and disability and promote musculoskeletal health in Low Back Pain patients (PTDC/SAU-SER/7406/2020 )	FCT, I.P - National Public	249 689,80 €	2022
Network of Ciência Viva Clubs at School (Agrupamento de Escolas D. Afonso III in Faro)	PRR - National Public	10 000 €	2022
OSCAR: vOice Screening of Corona viRus	Agência Nacional de Inovação - ANI – National Public	391 587,50 €	2022
PREMO - Predictive Models of COVID-19 Outcomes for Higher Risk Patients Towards a Precision Medicine	FCT, I.P - National Public	239 963,75 €	2022
PrevOccupAI - Artificial Intelligence Applied to the Prevention of Work-related Diseases in Public Administration	FCT, I.P - National Public	234 863,85 €	2022
PRO.VITA	Portugal 2020 - National Public	682 039 €	2022
Proteomic Analysis of Nasopharyngeal Carcinoma	IPOLFG UIC901 - National Public	10 000,00 €	2022
PRR - Vertical Algae	PRR - IAPMEI - National Public	58 658 624,00 €	2022
PTDC/BAA-ARG/7419/2020-MONET	FCT, I.P - National Public	249 832,50 €	2022
REAL	FCT, I.P - National Public	675 393 €	2022
Reforming the reform: an evidence-based financing model for the Portuguese primary care (REF2PRIM).	CHRC (FCT) - National Public	18 000,00 €	2022
ScreenTech Project	FCT, I.P - National Public	49 693,75 €	2022
UniverCIDADE VI	Instituto do Desporto e Juventude – National Public	7 000,00 €	2022
VEBINASO - Clinical usefulness of quantifying DNA and messenger RNA expression of the Epstein-Barr virus oncogenic protein BARP-1 as predictors of response and monitoring of therapy for undifferentiated nasopharyngeal carcinoma	IPOLFG UIC911 - National Public	10 000,00 €	2022
Vo(i)ces	Alto Comissariado das Migrações – National Public	65 876,55 €	2022

## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2023</b>			
2022.01888.PTDC - MEAOW@SolarUV	FCT, I.P - National Public	49 348,75 €	2023
2022.02969.PTDC - VAPrevention	FCT, I.P - National Public	249 931,82 €	2023
ARCO	Portugal 2020 - National Public	299 978 €	2023
b-Able2: personalised hybrid intervention programme to support self-management after stroke	FCT, I.P - National Public	49 989,78 €	2023
BEST	Portugal 2020 - National Public	685 449 €	2023
Blockchain.PT	PRR - National Public	58 854 715,56 €	2023
CANTE	PRR - National Public	320 039 €	2023
CardioFollow.AI	FCT, I.P - National Public	111 951,25 €	2023
CERCA (Role of CERuloplamin in progression and instability of Coronary Atherosclerotic plaques) Study	Centro Hospitalar Universitário Lisboa Central - National Public	3 000,00 €	2023
CHiLDLIMaR	FCT, I.P - National Public	227 258,13 €	2023
cLabel+	Agência Nacional de Inovação - ANI - National Public	4 641 020,43 €	2023
COGCARE – Cognitive Disorders and Impact on Caregivers	CHRC (FCT) - National Public	20 000,00 €	2023
Concilia.UE	Portugal 2020 - National Public	115 083 €	2023
DigiHealthPT	PRR - National Public	4 739 491,02 €	2023
EXPL/SAU-PUB/0944/2021	FCT, I.P - National Public	49 946,00 €	2023
FORMA-SPORT	Instituto do Desporto e Juventude – National Public	900 €	2023

## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
Improving physical function in older adults: exploring the interaction between protein intake and physical activity	CHRC (FCT) - National Public	20 000,00 €	2023
IPHUNCTION	FCT, I.P - National Public	236 870,00 €	2023
LA/P/0117/2020	FCT, I.P - National Public	118 812,00 €	2023
MCT-Silver	FCT, I.P - National Public	2 000 €	2023
METHIS - Multimorbidity in Primary healthcare: developing an intervention to support patients and primary healthcare clinicians to better manage complex multimorbidity	CHRC (FCT) - National Public	20 000,00 €	2023
MoveONParkison - a motivational solution for personalised exercise using the ONParkinson computer platform	Instituto Politécnico de Setúbal - National Public	49 989,78 €	2023
MyBack- Effectiveness and implementation of a tailored self-management programme to prevent recurrences and disability and promote musculoskeletal health in Low Back Pain patients (PTDC/SAU-SER/7406/2020 )	FCT, I.P - National Public	249 689,80 €	2023
Network of Ciência Viva Clubs at School (Agrupamento de Escolas D. Afonso III in Faro)	PRR - National Public	10 000 €	2023
NOiSyS: Neuroadaptive Systems for Brain Restoration based on Virtual Reality and Brain-Computer Interfaces	FCT, I.P - National Public	249 549,77 €	2023
PREMO - Predictive Models of COVID-19 Outcomes for Higher Risk Patients Towards a Precision Medicine	FCT, I.P - National Public	239 963,75 €	2023
PrevOccupAI - Artificial Intelligence Applied to the Prevention of Work-related Diseases in Public Administration	FCT, I.P - National Public	234 863,85 €	2023
PRO.VITA	Portugal 2020 - National Public	682 039 €	2023
Proteomic Analysis of Nasopharyngeal Carcinoma	IPOLEFG UIC901 - National Public	10 000,00 €	2023
PRR - Vertical Algae	PRR - IAPMEI - National Public	58 658 624,00 €	2023
PTDC/BAA-ARG/7419/2020-MONET	FCT, I.P - National Public	249 832,50 €	2023
REAL	FCT, I.P - National Public	675 393 €	2023
Reforming the reform: an evidence-based financing model for the Portuguese primary care (REF2PRIM).	CHRC (FCT) - National Public	18 000,00 €	2023

## NATIONAL PUBLIC FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
Proteomic Analysis of Nasopharyngeal Carcinoma	IPOLEFG UIC901 - National Public	10 000,00 €	2023
PRR - Vertical Algae	PRR - IAPMEI - National Public	58 658 624,00 €	2023
PTDC/BAA-ARG/7419/2020-MONET	FCT, I.P - National Public	249 832,50 €	2023
REAL	FCT, I.P - National Public	675 393 €	2023
Reforming the reform: an evidence-based financing model for the Portuguese primary care (REF2PRIM).	CHRC (FCT) - National Public	18 000,00 €	2023
RIGHTPLAY	FCT, I.P - National Public	49 970 €	2023
ScreenTech Project	FCT, I.P - National Public	49 693,75 €	2023
Socio-spatial inequalities in dementia	FCT, I.P - National Public	249 946,86 €	2023
SUMO	PRR - National Public	689 583 €	2023
VEBINASO - Clinical usefulness of quantifying DNA and messenger RNA expression of the Epstein-Barr virus oncogenic protein BARF-1 as predictors of response and monitoring of therapy for undifferentiated nasopharyngeal carcinoma	IPOLEFG UIC911 - National Public	10 000,00 €	2023
Vo(i)ces	Alto Comissariado das Migrações – National Public	65 876,55 €	2023

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# National Private Funding Projects 2020- 2023

## NATIONAL PRIVATE FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2020</b>			
ComRehab	Santander; NOVA - National Private	7 500,00 €	2020
CONCORDIA (Diabetes)	AstraZeneca - National Private	108 960,00 €	2020
Dementia in Primary Care: The Patient, the Carer and the Doctor in the Medical Encounter'	Bolsa Bayer / NOVASAÚDE AGEING 2018 - National Private	7 500,00 €	2020
EPICOUGHT.PT	Merck Sharp & Dohme, Lda - National Private	60 000,00 €	2020
Expression of NK cell inhibitory receptors in women with endometriosis	Learning Health - Hospital da Luz - National Private	20 000,00 €	2020
Immunomodulation in Acute Pancreatitis	Learning Health - Hospital da Luz - National Private	20 000,00 €	2020
Legionella Gene Expression	Sociedade Portuguesa de Doenças Infecciosas e Microbiologia Clínica - National Private	7 000,00 €	2020
LH.INV.F2019036	Learning Health - Hospital da Luz – National Private	14 000,00 €	2020
MicroSpA & MicroRA	Biocodex - National Private	25 000,00 €	2020
MSD #59301 - Congenital CMV disease and infection in a sample of Portuguese newborns	Merck Sharp & Dohme, Lda - National Private	30 100,00 €	2020
MSD #60687 - Persistence of specific humoral and cellular immunity in children after SARS-CoV-2 infection	Merck Sharp & Dohme, Lda - National Private	67 400,00 €	2020
OUT-TO-IN	Fundação Calouste Gulbenkian - National Private	40 860 €	2020
PHORTOS	AstraZeneca - National Private	457 491,19 €	2020
PRO Reuma Initiative: collecting patient-reported outcomes using touchscreen technology	Sociedade Portuguesa de Reumatologia - National Private	10 000,00 €	2020
SARA- SPLIT Application for Remote Rehabilitation	Santander - National Private	3 300,00 €	2020
SEMENTE	Fundação Calouste Gulbenkian - National Private	79 286,00 €	2020
Spark and Flame	Biocodex - National Private	20 000,00 €	2020



## NATIONAL PRIVATE FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2021</b>			
ComRehab	Santander; NOVA - National Private	7 500,00 €	2021
CONCORDIA (Diabetes)	AstraZeneca - National Private	108 960,00 €	2021
Dementia in Primary Care: The Patient, the Carer and the Doctor in the Medical Encounter'	AstraZeneca - National Private	14 700,00 €	2021
EPICOUGHT.PT	Bolsa Bayer / NOVASAÚDE AGEING 2018 - National Private	7 500,00 €	2021
Expression of NK cell inhibitory receptors in women with endometriosis	Merck Sharp & Dohme, Lda - National Private	60 000,00 €	2021
Immunomodulation in Acute Pancreatitis	Learning Health - Hospital da Luz - National Private	20 000,00 €	2021
Legionella Gene Expression	Learning Health - Hospital da Luz - National Private	20 000,00 €	2021
LH.INV.F2019036	Sociedade Portuguesa de Doenças Infecciosas e Microbiologia Clínica - National Private	7 000,00 €	2021
MicroSpA & MicroRA	Learning Health - Hospital da Luz - National Private	14 000,00 €	2021
MSD #59301 - Congenital CMV disease and infection in a sample of Portuguese newborns	PFIZER - National Private	150 779,04 €	2021
MSD #60687 - Persistence of specific humoral and cellular immunity in children after SARS-CoV-2 infection	Biocodex - National Private	25 000,00 €	2021
OUT-TO-IN	Merck Sharp & Dohme, Lda - National Private	30 100,00 €	2021
PHORTOS	Merck Sharp & Dohme, Lda - National Private	67 400,00 €	2021
PRO Reuma Initiative: collecting patient-reported outcomes using touchscreen technology	Fundação Calouste Gulbenkian - National Private	40 860 €	2021
SARA- SPLIT Application for Remote Rehabilitation	AstraZeneca - National Private	457 491,19 €	2021
SEMENTE	Fundação Calouste Gulbenkian - National Private	79 286,00 €	2021
Spark and Flame	Biocodex - National Private	20 000,00 €	2021

## NATIONAL PRIVATE FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2022</b>			
AI4HealthyCities	Novartis - National Private	59 778,26 €	2021
B-active: an integrative platform for children with rheumatic diseases	Novartis; Sociedade Portuguesa de Reumatologia - National Private	5 000,00 €	2021
BioBreast Study	Astrazeneca - National Private	88 000,00 €	2021
ComRehab	Santander; NOVA - National Private	7 500,00 €	2021
CONCORDIA DP	AstraZeneca - National Private	14 700,00 €	2021
Dementia in Primary Care: The Patient, the Carer and the Doctor in the Medical Encounter'	Bolsa Bayer / NOVASAÚDE AGEING 2018 - National Private	7 500,00 €	2021
Effectiveness of the Critical Time Intervention-Task Shifting (CTI-TS) model for persons with serious mental illness discharged from Inpatient psychiatric treatment facilities In Portugal	Federação Luso-Americana para o Desenvolvimento (FLAD) - National Private	300 000,00 €	2021
EPICOUGHT.PT	Merck Sharp & Dohme, Lda - National Private	60 000,00 €	2021
Expression of NK cell inhibitory receptors in women with endometriosis	Learning Health - Hospital da Luz - National Private	20 000,00 €	2021
Immunomodulation in Acute Pancreatitis	Learning Health - Hospital da Luz - National Private	20 000,00 €	2021
JC-BIRD-1776269	Janssen-Cilag Farmacêutica, Lda. - National Private	218 653,36 €	2021
Legionella Gene Expression	Sociedade Portuguesa de Doenças Infecciosas e Microbiologia Clínica - National Private	7 000,00 €	2021
LH.INV.F2019036	Learning Health - Hospital da Luz - National Private	14 000,00 €	2021
LOCUS	PFIZER - National Private	150 779,04 €	2021
MicroSpA & MicroRA	Biocodex - National Private	25 000,00 €	2021
MSD #59301 - Congenital CMV disease and infection in a sample of Portuguese newborns	Merck Sharp & Dohme, Lda - National Private	30 100,00 €	2021
MSD #60687 - Persistence of specific humoral and cellular immunity in children after SARS-CoV-2 infection	Merck Sharp & Dohme, Lda - National Private	67 400,00 €	2021

## NATIONAL PRIVATE FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
OUT-TO-IN	Fundação Calouste Gulbenkian - National Private	40 860 €	2021
PHORTOS	AstraZeneca - National Private	457 491,19 €	2021
SEMENTE	Fundação Calouste Gulbenkian - National Private	79 286,00 €	2021
Stop Infecção Hospitalar 2.0	Fundação Calouste Gulbenkian - National Private	15 360,00 €	2021
SumMed: helping patients to understand medical information in the prevention of breast and prostate cancer	LPCC/AICIB - National Private	6 000,00 €	2021

## NATIONAL PRIVATE FUNDING PROJECTS – 2020-2023

TITLE	FUNDING ENTITY	AMOUNT OF FUNDING (€)	YEAR
<b>2023</b>			
AI4HealthyCities	Novartis - National Private	59 778,26 €	2023
B-active: an integrative platform for children with rheumatic diseases	Novartis; Sociedade Portuguesa de Reumatologia - National Private	5 000,00 €	2023
BioBreast Study	Astrazeneca - National Private	88 000,00 €	2023
C-mo System 1.0's Validation - Cough Monitoring (C-mo_01)	Cough Monitoring Medical Solutions - National Private	60 712,00 €	2023
Dementia in Primary Care: The Patient, the Carer and the Doctor in the Medical Encounter'	Bolsa Bayer / NOVASAÚDE AGEING 2018 - National Private	7 500,00 €	2023
Effectiveness of the Critical Time Intervention - Task Shifting (CTI-TS) model for persons with serious mental illness discharged from Inpatient psychiatric treatment facilities In Portugal	Federação Luso-Americana para o Desenvolvimento (FLAD) - National Private	300 000,00 €	2023
EPICOUGHT.PT	Merck Sharp & Dohme, Lda - National Private	60 000,00 €	2023
Expression of NK cell inhibitory receptors in women with endometriosis	Learning Health - Hospital da Luz - National Private	20 000,00 €	2023
Immunomodulation in Acute Pancreatitis	Learning Health - Hospital da Luz - National Private	20 000,00 €	2023
JC-BIRD-1776269	Janssen-Cilag Farmacêutica, Lda. - National Private	218 653,36 €	2023
Legionella Gene Expression	Sociedade Portuguesa de Doenças Infecciosas e Microbiologia Clínica - National Private	7 000,00 €	2023
LH.INV.F2019036	Learning Health - Hospital da Luz - National Private	14 000,00 €	2023
LOCUS	PFIZER - National Private	150 779,04 €	2023
Matter	Fundação Calouste Gulbenkian - National Private	169 627 €	2023
MicroSpA & MicroRA	Biocodex - National Private	25 000,00 €	2023
MSD #60687 - Persistence of specific humoral and cellular immunity in children after SARS-CoV-2 infection	Merck Sharp & Dohme, Lda - National Private	67 400,00 €	2023
PHORTOS	AstraZeneca - National Private	457 491,19 €	2023
Stop Infeção Hospitalar 2.0	Fundação Calouste Gulbenkian - National Private	15 360,00 €	2023
SumMed: helping patients to understand medical information in the prevention of breast and prostate cancer	LPCC/AICIB - National Private	6 000,00 €	2023



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**Appendix B**  
**Full list of R&I**  
**projects in 2020-2023**

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2020

ARTICLES IN PEER - REVIEWED JOURNALS  
SCOPUS INDEX - Q1 AND Q2i - 2020-2023



## ARTICLES IN PEER-REVIEWED JOURNALS – SCOPUS INDEX - Q1 AND Q2i - 2020-2023

2020

A

Afonso, S., Lopes, S. (2020) Differences in clinical characteristics and utilization of emergency department by high-frequency users. *Journal of Emergency Medicine*. 59(1):153–160. <https://doi.org/10.1016/j.jemermed.2020.03.012>

Aguiar, J., Ribeiro, M., et al. (2020) Awareness about barriers to medication adherence in cardiovascular patients and strategies used in clinical practice by Portuguese clinicians: a nationwide study. *International Journal of Clinical Pharmacy*, 1-8. 10. <https://doi.org/1007/s11096-020-01174-2>

Aline, J., Batalha, N. et al. (2020) Phase Angle from Bioelectric Impedance and Maturity-Related Factors in Adolescent Athletes: A Systematic Review. *Sustainability*. 12(12), 4806. <https://doi.org/10.3390/su12124806>

Alves, J., Filipe, R., et al. (2020) Change in prevalence and social patterning of first- and second- hand smoking in Portugal: a repeated cross-sectional study (2005 and 2014). *International Journal of Environmental Research and Public Health*, 17(10):3594. <https://doi.org/10.3390/ijerph17103594>

Alves, R., Caneiras, C., et al. (2020) Medical electronic prescription for home respiratory care services (Pem-crd) at a Portuguese university tertiary care centre (2014–2018): a case study. *Sustainability (Switzerland)*. 1;12(23):1-11. e9859. <https://doi.org/10.3390/su12239859>

Amin, S., Dunn, A. G., & Laranjo, L. (2020) Exposure to e-cigarette information and advertising in social media and e-cigarette use in Australia: A mixed methods study. *Drug and alcohol dependence*, 213, 108112. <https://doi.org/10.1016/j.drugalcdep.2020.108112>

Amin, S., Dunn, A. G., & Laranjo, L. (2020) Why do people start or stop using e-cigarettes in Australia? A qualitative interview-based study. *Health Promotion Journal of Australia*. <https://doi.org/10.1002/hpja.442>

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Antão, H., S., Sacadura-Leite, E., et al. (2020) Workplace Violence in Healthcare: A Single-Center Study on Causes, Consequences and Prevention Strategies *ASUVA Acta Médica portuguesa* 33: 1 31-37.

Araújo-Martins, J., Brás-Geraldes, C., et al. (2020) The potential role of peak nasal inspiratory flow to evaluate active sinonasal inflammation and disease severity. *Scientific Reports (Nature Publisher Group)*, 10(1).

Assunção, R., & Viegas, S. (2020). Mycotoxin exposure and related diseases. *Toxins*, 12(3), [172]. <https://doi.org/10.3390/toxins12030172>

Augusto, G. F., Aldir, I., et al. (2020) Preventing HIV under financial constraints: The 2011–12 reform of the Portuguese HIV/AIDS Programme. *Health Policy*. 124(4):339–344. <https://doi.org/10.1016/j.healthpol.2020.02.010>

Azoulay, E., Bauer, P. R., et al. (2020) Correction to: Expert statement on the ICU management of patients with thrombotic thrombocytopenic purpura. *Intensive Care Med*. 2020 Mar;46(3):570-571. <https://doi.org/10.1007/s00134-019-05904-7>

Azoulay, E., Russell, L., et al. (2020) Diagnosis of severe respiratory infections in immunocompromised patients. *Intensive Care Med*. 2020 Feb;46(2):298-314. <https://doi.org/10.1007/s00134-019-05906-5>

Azoulay, E., de Waele, J., Ferrer, R. et al. (2020) International variation in the management of severe COVID-19 patients. *Crit Care* 24, 486. <https://doi.org/10.1186/s13054-020-03194-w>

Azoulay, E., De Waele, J., Ferrer, R. et al. (2020) Symptoms of burnout in intensive care unit specialists facing the COVID-19 outbreak. *Ann. Intensive Care* 10, 110. <https://doi.org/10.1186/s13613-020-00722-3>

## ARTICLES IN PEER-REVIEWED JOURNALS – SCOPUS INDEX – Q1 AND Q2i – 2020-2023

2020

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## ARTICLES IN PEER-REVIEWED JOURNALS – SCOPUS INDEX – Q1 AND Q2i – 2020-2023

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- Saraceno B. (2023). Psichiatria: crisi specifica o crisi generalizzata? *Psicoterapia e Scienze Umane*. 57 (1): 67-72.
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- Silva, SP., Fortes, C., Eugénio, G., & Barcelos, A. (2023). Prevalence of Anti-cn1a Antibodies and Its Clinical Significance - a Retrospective Monocentric Study. *Annals of the rheumatic diseases*, 82, 2002-2003. <https://doi.org/10.1136/annrheumdis-2023-eular.5959>
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- Sousa, P., & Alves, J. (2023). Contributo da análise de custo-efetividade na definição de uma estratégia diagnóstica adequada para indivíduos com sintomas de doença arterial coronária obstrutiva. *Revista Portuguesa de Cardiologia*, 42(7), 625-627. <https://doi.org/10.1016/j.repc.2023.04.006>



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### 2023

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Teixeira, D., Costa, S., Branco, A., Silva, A., Polo, P., & Nogueira, M. J. (2023). Strategies Used by Nurses to Maintain Person-Family Communication during the COVID-19 Pandemic: A Scoping Review. *Nurs Rep*, 13(3), 1138-1147. doi:10.3390/nursrep13030098

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REPORT 2020 - 2023